

Wrecking Ball

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Bambang Satiyawan (INA) - November 2014
音樂: Wrecking Ball (Reznikov & Denis First & Portnov Remix) - Miley Cyrus :
(promodj.com)



Start Dance after 64 counts

I.WALK DIAGONAL-LOCK SHUFFLE-PIVOT-LOCK SHUFFLE

- 1 – 2 Walk diagonal right R-L□(01:30)
- 3 & 4 Step R forward, Lock L behind R, Step R forward
- 5 – 6 Step L forward, Turn ½ right step R in place (07.30)
- 7 & 8 Step L forward, Lock R behind L, Step L forward

II.MONTEREY-ROCK RECOVER-COASTER STEP

- 1 – 2 Squaring (facing 09.00) Touch R to side, Turn ¼ right close R to L (12:00)
- 3 – 4 Touch L to side, Close L to R
- 5 – 6 Rock R forward, Recover on L
- 7 & 8 Step R back, Close L to R, Step R forward

III.FORWARD STEP-HITCH TURN-CROSS SHUFFLE-SIDE STEP IN 4X TURN

- 1 – 2 Step L forward, Turn ¼ left Hitch your R
- 3 & 4 Cross R over L, Step L to side, Cross R over L
- 5 – 6 Step L to side, Turn ¼ right step R to side
- 7 – 8 Turn ¼ right step L to side, Turn ¼ right step R to side (06:00)

IV.CROSS ROCK RECOVER-SIDE STEP-MAMBO-TOUCH-TURN-SIDE ROCK RECOVER

- 1 & 2 Rock L cross over R, Recover on R, Step L to side
- 3 & 4 Step R forward, Step L in place, Step R back
- 5 - 6 Touch L back, Turn ½ left step L in place
- 7 - 8 Rock R to side, Recover on L

Restart here on wall 2 and 6

V.TOUCH-SAILOR TURN-PIVOT-TURN-SIDE STEP-TOUCH

- 1 – 2 Touch R cross over L, Touch R to side
- 3 & 4 Turning ¼ right Step R behind L, Step L slightly back, Step R forward
- 5 – 6 Step L forward, Turn ½ right step R in place
- 7 – 8 Turn ¼ right step L to side, Touch R beside L

VI.DIAGONAL SIDE-TOUCH-

- 1 – 2 Step R diagonal back slightly bent (01:30), Touch L beside (12:00)
- 3 – 4 Step L diagonal back slightly bent (10:30), Touch R beside L (10:30)
- 5 – 6 Step R diagonal right slightly bent (10:30), Touch L beside R (12:00)
- 7 – 8 Step L diagonal left slightly bent (01:30), Touch R beside L (01:30)

VII.FORWARD STEP-PIVOT-FORWARD STEP-SIDE STOMP-HOLD-BODY WEAVE

- 1 – 2 Squaring facing 03:00 Step R forward, Step L forward
- 3 – 4 Turn ½ right step R in place, Step L forward
- 5 – 6 Stomp R to side, Hold
- 7 – 8 Weave your body for 2 counts

VIII.BEHIND-CROSS-SIDE-BEHIND-CROSS-TURN FORWARD STEP-PIVOT-LONG STEP AND DRAG

- &1 – 2 Step L slightly behind R, Cross R over L, Step L to side
- &3 – 4 Step R slightly behind L, Cross L over R, Turn $\frac{1}{4}$ right step R forward
- 5 – 6 Step L forward, Turn $\frac{1}{2}$ right step R in place
- 7 – 8 Long step L forward, Drag R to L

Enjoy the dance...

Contact: bambang.1709@gmail.com
