

Hard Ways

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Jacqui Cargill (UK) - October 2014
音樂: Hard Way to Make an Easy Living - Toby Keith : (Album: Drinks After Work)



Alt. music: -

“Bang, bang, bang” - “Nitty Gritty Band”
“The Salt in My Tears” - “Dolly Parton”
“Perfect Love” - “Trisha Yearwood”
“Timber I’m Falling In Love” “Patty Loveless”
“Back in the Saddle” - “Matraca Berg”
“Walkin on Me” - “Big House / He man Mix”

SECTION 1: □SIDE ROCKS AND CROSS SHUFFLES

1 - 2 3&4 Rock to right side and cross right over left and cross shuffle left.
5 - 6 7 & 8 Repeat on left.

SECTION 2: □GRAPEVINE RIGHT WITH HT AND CROSS GRAPEVINE RIGHT

9 - 12 Step right foot to right, step left behind right, start to turn QT right on right, swivel on right foot and turn further QT right and place left beside right. (now facing 6 o'clock)
11 - 16 Step right to right side, cross left over right, step right to right and left behind right.

SECTION 3: □QT RIGHT STEP SCUFF, STEPS BACK AND ROCKING CHAIR

17-20 Turning QT right, step right to right side and scuff left foot forward. (now facing 9 o'clock).
Step back on left and back on right (slightly behind left)
21-24 Rock back on left, forward on right, forward on left and back on right.

SECTION 4: □HALF TURN LEFT WITH RIGHT AND LEFT MOVING CROSS JAZZBOX

25 - 28 Turn HT over left shoulder stepping left foot forward and cross right over left, step back on left and step slightly back on right.
29 - 32 Cross left over right turn qt right, place right to right side, left to left side and cross right over left. (now facing 6 o'clock)

SECTION 5: □SIDE SHUFFLES AND BACK ROCKS

33 - 36 Step left to left side, step right to left, step left to left side and rock right behind left.
37 - 40 Repeat to right.

SECTION 6: □QT LEFT STRUTS LEFT AND RIGHT WITH PIVOT HT LEFT

41- 44 Turning QT left, step left foot forward and snap heel down, cross right foot over left and snap heel down moving forwards.
45-48 Step forward on left foot and cross over right and snap heel down, step forward on right and Pivot HT left. (now facing 9o'clock)

SECTION 7: □DIAGONAL STEP LOCKS WITH SHUFFLES

49-50 51&52 Step right to right diagonal, lock left behind. Step right forward, left behind right and right forward.
53 - 54 55&56 Repeat on left.

SECTION 8: □ROCK WITH QT RIGHT DIAGONAL CROSS POINTS WITH CROSS

57 - 60 Cross rock right over left and back on left with QT turn QT placing right to right side and left over right.
61 - 64 Point right toe to right side, then cross over left and repeat.

TAG: □STEP TOUCHES, HEEL HOOK AND HEEL DIGS (facing front wall) □

1-4 Step right to right side and tough left to right and repeat to left.

5-8 Dig right heel forward and cross over right knee and repeat.

9-16 Step right to right side and dig left heel on left diagonal and repeat on right x 2.

Tag is danced before 3rd wall for the full 16 counts then one further Tag before 5th wall for 1st 8 counts. (Tag on guitar)

You will end facing the front wall after Section 7 on Section 8 1st 3 counts ending on right place.

Enjoy !!

When dancing to other songs dance through without Tags.

Nitty Gritty dance with Tags but reverse 1st Tag 8 counts then 2nd Tag 16 counts.

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