

Cheerleader

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jane Wagner - January 2015
音樂: Cheerleader (Felix Jaehn Remix) (Radio Edit) - Omi



Restart on wall 4 after 32 counts. Tag after wall 3
Intro: start after 16 counts - Weight on left

[1-8] – side R, L together, side shuffle right, cross rock, recover right, shuffle ¼ left

1-2 step right to right, step left together □ 12:00
3&4 side shuffle right – right, left, right
5-6 cross left over right, recover right
7&8 shuffle ¼ turn left – left, right, left □ 9:00

[9-16] – step turn, right side shuffle, back rock, left side shuffle

1-2 step forward on right, turn ½ left 3:00
3&4 side shuffle right - right, left, right
5-6 rock back on left, recover right
7&8 chasse left- left, right, left

[17-24] – unwind 1/2, shuffle forward, rock L, recover R, shuffle ½ turn

1-2 place right behind left, unwind 1/2 – keep weight on left □ 9:00
3&4 shuffle forward – right, left, right
5-6 rock forward on left, recover right
7&8 shuffle ½ left – left, right, left 3:00

[25-32] – R side rock , recover L, cross shuffle left, L side rock, recover R ¼ turn, shuffle

1-2 rock right to right, recover on left
3&4 cross shuffle left - right, left, right
5-6 rock left to left, recover ¼ turn right □ 6:00
7&8 shuffle forward - left, right, left

Restart happens here on wall 3

[33-40] - step ½ turn, shuffle forward, cross left over right, back right, left side shuffle

1-2 step forward on right, turn ½ left 12:00
3&4 shuffle forward - right, left, right
5-6 cross left over right, step back on right
7&8 left side shuffle – left, right, left

[41-48] – back rock, ¼ turn shuffle left, back rock, ¼ turn shuffle right

1-2 rock back on right, recover left
3&4 ¼ turn shuffle left – right, left, right □ 9:00
5-6 rock back on left, recover right
7&8 ¼ turn shuffle right – left, right, left □ 12:00

[49-56] - ½ turn, ½ turn, shuffle ½ turn, rock L, recover R, L back lock step

1-2 ½ turn right stepping forward on right, ½ turn right stepping back on left □ 12:00
3&4 shuffle ½ turn right – right, left, right □ 6:00
5-6 rock forward on left, recover right
7&8 step back on left, lock right over left, step back on right

[57-64] – step ½ turn, step ½ turn, shuffle ½ turn, step ½ turn, shuffle forward

1-2 ½ turn right stepping forward on right, ½ turn right stepping back on left 6:00

3&4 shuffle ½ turn right – right, left right □ 12:00
5-6 step forward on left, turn ½ right 6:00
7&8 shuffle forward - left, right, left

Tag count 1-18 – slow walks

[1-8] Walk forward right, left, right, left, step right - turn ½ left, full turn over left shoulder- walk forward right, left. 12:00 □

[9-16] walk forward right, left, right, left, step right - turn ½ left, full turn over left shoulder – walk forward right, left 6:00

Ending.: On wall 5 you dance until count 61 facing 12 o'clock, then cross left over right, stepping back on right, stepping left to left

Contact: jane.regitze@gmail.com

Last Update – 28th Jan 2015 □ □ □ □ □ □ □ □
