

Don't Be Sad

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annie Saerens (BEL) - January 2015
音樂: Don't Be Sad - Dwight Yoakam : (iTunes)



CHASSE, ROCK STEP, ¼ TURN CHASSE, ROCK STEP

1&2 Step R side, together with L, step R side
3-4 Rock back with L, recover onto R
5&6 Step L side, together with R, ¼ turn R stepping back with L
7-8 Rock back with R, recover onto L

DIAGONAL STEP LOCK STEP, SCUFF, DIAGONAL STEP LOCK STEP, SCUFF

1-2 Step R diag. fwd, lock L behind R
3-4 Step R diag. fwd, scuff L diag. fwd
5-6 Step L diag. fwd, lock R behind L
7-8 Step L diag. fwd, scuff R diag. Fwd

ROCK STEP, ½ TURN SHUFFLE, ROCK STEP, COASTER STEP

1-2 Rock fwd with R, recover onto L
3&4 ¼ turn R stepping side with R, together with L, ¼ turn R stepping fwd with R
5-6 Rock fwd with L, recover onto R
7&8 Step L back, together with R, step L fwd

JAZZ BOX CROSS, TOE STRUT, TOE STRUT

1-2 Cross over with R, step L back
3-4 Step R side, cross over with L
5-6 R toe side, step down on R,
7-8 Cross over with L toe, step down on L

Repeat

My Email : annie.saerens@countryplanet.be
