

Easy

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Todd Ayotte - January 2015
音樂: Easy - Sheryl Crow



Side Rock Step Left/Recover, Step in front; ¼ Turn Left Stepping Back on the Right Foot; Coaster step LRL; Travelling Triple Step RLR moving forward, Rock Step Forward on Left/Recover

- 1&2& Side Rock Step Left, Recover on Right; Bring Left foot across in front and step down; Bring Right Foot to the side turning ¼ to the Left (stepping back on the Right foot)
3&4 Coaster step LRL
5&6 Travelling Triple Step RLR moving forward
7, 8 Rock Step Left forward/recover on Right

¼ turn Left, ½ turn Left; Step Behind/Side/Cross; Rock Step R Foot Side/Recover, Travelling Triple Step RLR (crossing in front travelling to the Left)

- 1 ¼ turn L, stepping to the side onto the Left foot
2 ½ turn L, stepping to the side onto the Right foot
3&4 Weaving to the Right (weight starts on Right foot, Step Left foot behind Right, step Right foot to the Right side, Step Left foot across Right in front)
5,6 Rock Step to the side on the Right foot, recover to the side on left foot
7&8 Travelling triple step RLR moving to the Left (cross right foot in front of the Left moving to the Left)

¼ Turn L into a Travelling Triple step X 2; 4 skates on the spot

- 1&2 ¼ Turn to Left, Travelling Triple Step LRL moving forward in new orientation
3&4 Travelling Triple Step RLR moving forward
5&6&7&8& 4 skates L&R&L&R&

¼ turn, Travelling Triple Step LRL moving forward, ½ Pivot turn Left RL, ¼ turn, Travelling Triple Step RLR, Rock Step Left Foot Behind/Recover, Scuff/Hitch

- 1&2 ¼ turn left, Travelling Triple Step LRL moving forward in new orientation
3,4 Step Right Foot forward, ½ Pivot Turn to Left, step forward onto Left foot
5&6 ¼ turn Travelling Triple Step RLR moving to the side in new orientation
7&8& Rock Step Behind Left/Recover (at an angle, so the Left foot rocks back behind the Right foot), bring weight back on Right foot, Scuff L, Hitch L (with a little lift)

NOTE: Restart happens once only on wall 3 after the first 16 counts

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