

Repeat That Beat

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rob Fowler (ES) & Dee Musk (UK) - January 2015
音樂: Turn The Beat Around - Calico : (NOT on Amazon)



Free music download available from Linedancer Magazine and Live Laugh Linedance.

#40 Count Intro – Approx 18 seconds - Start on the Chorus 'Turn The Beat around'.
Track approx 3 mins 19 secs - BPM 130 Approx - No Tags or Restarts.

R Back Rock, Walk R, L, V-Step.

1,2 Rock back on R, recover weight to L.
3,4 Walk forward R, walk forward L.
5-8 Step R to R side, step L to L side, step R back to place, step L beside R. (12 o'clock).

Jazzbox ¼ Turn R, Side Touch Behind, Side Touch Behind.

1-4 Cross R over L, make a ¼ turn R stepping back on L, step R to R side, cross L over R.
5,6 Step R to R side, touch L toe behind R.
(Option Shimmy Shoulders, or, Lift both Arms up and swing out to the R).
7,8 Step L to L side, touch R toe behind L.
(Option Shimmy Shoulders, or, Lift both Arms up and swing out to the L). (3 o'clock).

Weave R with Touch, Weave L with Brush.

1-4 Step R to R side, cross L behind R, step R to R side, touch L beside R.
5-8 Step L to L side, cross R behind L, step L to L side, brush R forward. (3 o'clock).

Jazzbox ¼ Turn R, Side Dip Touch R, Side Dip Touch L.

1-4 Cross R over L, make a ¼ turn R stepping back on L, step R to R side, cross L over R.
5,6 Step R to R side slightly bending knees, touch L to L side.
7,8 Step L to L side slightly bending knees, touch R to R side. (6 o'clock).
(Sway your hips for extra coolness!)

Choreographer's Note: This dance has been specifically written to the Calico cover of the song.

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Have Fun

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