

Rodeo Polka

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Novice
編舞者: Guylaine Bourdages (CAN) - January 2015
音樂: Blue House - Blue Rodeo : (Album: Blue Road)



Intro : 12 comptes

[1-8] Triple Step forward (RLR), 1/2R Triple Back (LRL), Walk back (RL), RF Coaster Step

1&2 Triple Step Forward (RF forward, LF beside RF, RF forward)
3&4 1/2R Triple Step Back (LF back, RF beside LF, LF back)
5-6 Walk back Right, Left
7&8 (Coaster Step) RF back, LF beside RF, RF forward

[9-16] □ Triple Step forward (LRL), 1/2R Triple Back (RLR), 1/2R Triple Step Forward (LRL), RF Step Turn 1/4L

1&2 Triple Step Forward (LF forward, RF beside LF, LF forward)
3&4 1/2L Triple Step Back (RF back, LF beside RF, RF back)
5&6 1/2G Triple Forward (LF forward, RF beside LF, LF forward)
7-8 Step Turn (RF Forward, 1/4L transfert weight onto LF)

[17-24] Cross, Side, Sailor Heel, & Cross, Side, Toe, Heel, Side 1/2L

1-2 RF cross in front of LF, LF to Left
3&4 (Sailor Heel) RF cross behind LF, LF to Left, Heel dig RF diagonally Right
&5-6 RF on place, LF cross in front of RF, RF to Right
7&8 (By doing 1/2L) Touch point of LF behind RF, Up and down Right heel, LF to Left

[25-32] RF Jazz Box and Touch, Heel Grind 1/2L and Touch

1-4 RF cross in front of LF, LF back, RF to Right, Touch LF beside RF
5-8 LF Heel Grind 1/2L, LF on place, RF Touch beside LF

Restarts: after 16 counts on walls 3-6 & 11

On wall 3 face at 9H

On wall 6 face at 6H

On wall 11 face at 9H

Yahouuuuu KEEP SMILING and HAVE FUN

Contact: www.guylainebourdages.com - www.coachingdanse.com - gbourdages@hotmail.com

Last Update - 13rd April 2015