

18 Yellow Roses (18朵黃色玫瑰) (zh)

COPPER KNOB
STYLEDANCE

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Maria Tao (USA) - 2009年03月
音樂: 18 Yellow Roses - Bobby Prins : (CD: TerugVanWeggeweest)



前奏 : 16 counts intro 16拍後起跳

第一段 Rock & Cross, Sweep, Diagonal Lock Step Fwd, Hold 下沉 回復 交叉 繞, 斜角前鎖步, 候

- 1-4 Rock left to left, recover onto right, cross left over right, sweep right from back to front
左足左下沉, 右足回復, 左足於右足前交叉踏, 右足由後繞至前
- 5-8 Step right forward on left diagonal, lock left behind right, step right forward, hold 右足左斜角前踏,
左足於右足後踏, 右足前踏, 候

第二段 Step Fwd, Slide, Knee Pop, Step Back, Sweep, Sailor Step With ¼ Turn R, Sweep 前踏, 滑彈膝, 後踏, 繞, 水手步帶轉1/4, 繞

- 1-2 Step left forward on left diagonal, slide right towards left & pop right knee out 左足斜角前踏, 右足
滑併踏右足彈膝
- 3-4 Step right back, sweep left from front to back
右足後踏, 左足由前繞至後
- 5-6 Cross step left behind right, ¼ turn right stepping right to right (3:00)
左足於右足前交叉踏, 右轉90度右足右踏(面向3點鐘)
- 7-8 Step left forward, sweep right from back to front
左足前踏, 右足由後繞至前

第三段 Cross, Side, Step Back, Sweep, Behind-Side-Cross, Hold 交叉, 側, 後踏, 繞, 後-旁-交叉, 候

- 1-2 Cross right over left, step left to left
右足於左足前交叉踏, 左足左踏
- 3-4 Step right back, sweep left from front to back
右足後踏, 左足由前繞至後
- 5-8 Step left behind right, step right to right, cross left over right, hold
左足於右足後踏, 右足右踏, 左足於右足前交叉踏

第四段 Step/Sway R, Sway L & ¼ Turn L, ¼ Turn L Stepping To R, Drag, Back Rock, Recover, Step Fwd, Spiral Full Turn R 右擺臀, 左擺臀左1/4, 左1/4右踏, 拖, 後下沉, 回復, 踏 轉圈

- 1-2 Step/sway right to right, sway to left turning ¼ turn left
右足右擺臀, 左擺臀左轉90度
- 3-4 ¼ turn left stepping right to right, drag left towards right (9:00)
左轉90度右足右踏, 左足拖併(面向9點鐘)
- 5-6 Rock left back, recover onto right 左足後下沉, 右足回復
- 7-8 Step left forward, spiral full turn right (weight on left)
左足前踏, 右轉圈(重心在左足)

第五段

Lock Step Fwd, Sweep, Cross Rock, Recover, Step, Drag 前鎖步, 繞, 交叉下沉, 回復, 踏, 拖併

- 1-4 Step right forward, lock left behind right, step right forward, sweep left from back to front
右足前踏, 左足於右足後鎖踏, 右足前踏, 左足由後繞至前

5-6 Cross rock left over right, recover onto right
左足於右足前交叉下沉, 右足回復

7-8 Long step left to left, drag right towards left
左足左一大步, 右足拖併

第六段

Cross Rock, Recover, Step, Drag, Scissor Cross, Hold
交叉下沉, 回復, 踏, 拖, 前刀交叉, 候

1-2 Cross rock right over left, recover onto left
右足於左足前交叉下沉, 左足回復

3-4 Long step right to right, drag left towards right
右足右一大步, 左足拖併

5-8 Step left to left, step right slightly behind left, cross left over right, hold 左足左踏, 右足略後踏, 左足於右足前交叉踏, 候

第七段

Rumba Box 倫巴方塊

1-4 Step right to right, step left beside right, step right forward, draw left together 右足右踏, 左足併踏, 右足前踏, 左足拖併

5-8 Step left to left, step right beside left, step left back, draw right together 左足左踏, 右足併踏, 左足後踏, 右足拖併

第八段

Back-Cross-Side (R & L), ½ Turn R, Step Fwd, Hold
後-交叉-側(右, 左), 右轉前踏, 候

1-2 Step right back on right diagonal, cross left over right on right diagonal 右足右斜角後踏, 左足於右足前交叉踏

3-4 Step right back (straightening up), step left back on left diagonal
右足後踏, 左足左斜角後踏

5-6 Cross right over left on left diagonal, step left back (straightening up) 右足於左足前交叉踏, 左足後踏

7-8 ½ turn right stepping right forward, hold (3:00)
右轉180度右足前踏, 候(面向3點鐘)
