Sisters



拍數: 32

牆數:2

級數: Beginner

編舞者: Darren Bailey (UK) & Fred Whitehouse (IRE) - January 2015

音樂: Sisters - Bette Midler

Intro: 32 counts.

** This dance was Choreographed on Behalf of The BSCG (Breast Cancer Support Group) **

Grapevine R with cross touch, step kick x2.

- Step Rf to R side, cross Lf behind Rf 1-2
- 3-4 Step Rf to R side, touch Lf across Rf
- 5-6 Step Lf to L side, Kick Rf across Lf
- 7-8 Step Rf to R side, Kick Lf across Rf

Grapevine L with cross touch, step kick x2.

- 1-2 Step LF to L side, cross Rf behind Lf
- 3-4 Step Lf to L side, touch Rf across Lf
- 5-6 Step Rf to R side, Kick Lf across Rf
- 7-8 Step Lf to L side, Kick Rf across Lf

Step lock step hitch, Step lock step hitch.

- 1-2 Step Rf to R diagonal, lock Lf behind Rf
- 3-4 Step Rf to R diagonal, hitch L knee
- 5-6 Step Lf to L diagonal, lock Rf behind Lf
- 7-8 Step Lf to L diagonal, hitch R knee

Back touch, Back touch, Point, Hold, Pivot 1/2 turn L

- 1-2 Step back on R diagonal with Rf, touch Lf next to Rf
- 3-4 Step back on L diagonal with Lf, touch Rf next to Lf
- 5-6 Point Rf to R side, hold
- 7-8 Step forward on Rf, make a 1/2 turn pivot L.

Tag after wall 5.

1-4 Sway R, L, R, L.