

# My Silver Lining

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Barbara Tobin (USA) - January 2015  
音樂: My Silver Lining - First Aid Kit



Notes: Dance has A & B sections. However, on Wall 3 there is "Section A1" which has 24 counts instead of 32 (with a slight step change); and on Wall 7 "Section A2" is 16 instead of 32 (with a slight step change).

Order: A, A, A1, B, A, A, A2, B, A, A, A (last A has slight step change to end at 12:00)  
Intro: 16 counts (on vocals)

## SECTION A: 32 counts

Start with weight on left.

### A[1-8]□□Front cross rocks, rock recover, right full turn with spin on R

1&2      R cross rock over L (1), recover back on L (&), R step to right side (2)  
3&4      L cross rock over R (3), recover back on R (&), L step to left side (4)  
5,6      R forward (5), recover back L (6)  
7,8      1/2 right turn step R forward (7) 6:00, 1/2 spin on R bringing L next to R, weight L 12:00

### A[9-16]□□Mambo X2, 1/4 left pivot, cross-and-cross

1&2      R rock to right side (1), L recover (&), R step next to L (2)  
3&4      L rock to left side (3), R recover (&), L step next to R (4)  
5,6      R step forward (5), 1/4 left turn pivot weight on L (6) 9:00  
7&8      Cross R step over L (7), L ball step (&), cross step R over L (8)

### A[17-24]□□Side rock recover, weave, pivot, hitch, shuffle

1,2      L side rock (1), R recover (2)  
3&4      L behind R (3), step R to right (&), cross L over R (4)  
5, 6      1/4 right turn R step forward (5) 12:00, hitch L while turning 1/2 right (6) 6:00  
7&8      L step forward (7), R ball step (&), L forward

### A[25-32]□□Rock, sweep, sweep, sailor X2

1,2      Rock forward R (1), pushing off R recover to L back as you sweep R front to back (2)  
3,4      Step R back (3), sweep L back and take weight (4)  
5&6      Cross R behind L (5), step L to left (&), step R to right side (6)  
7&8      Step L back (7), step R forward (&), step L to left side (8)

## SECTION B: 32 counts (always starts facing 12:00)

### B[1-8]□□Point X2, pivot left 1/2 turn, full left turn

1,2      Step R forward (1), point L left side (2)  
3,4      Step L forward (3), point R right side (4)  
5,6      Step R forward (5), left 1/2 turn pivot (6) 6:00  
7,8      Turn left 1/2 turn step R back (7) 12:00, turn left 1/2 turn step L forward (8) 6:00

### B[9-16]□□Shuffle, rock recover, syncopated jazz box

1&2      R forward (1), left ball step (&), R forward (2)  
3,4      L rock forward (3), recover back R (4)  
5,6,7,8&      Step L back (5), cross R over L (6), step L back (7), R to right side (8), recover L (&)

### B[17-24]□□Point, point, pivot left 1/2 turn, full left turn

1,2      Step R forward (1), point L left side (2)  
3,4      Step L forward (3), point R right side (4)  
5,6      Step R forward (5), left 1/2 turn pivot (6) 12:00

7,8 Turn left 1/2 turn step R back (7) 6:00, turn left 1/2 turn step L forward (8) 12:00

**B[25-32]□□ Stomp X3 \*timed to vocals\*, hold, left mambo, side rock recover, touch**

1,2,3,4 R stomp (1) "I", L stomp (2) "won't", R stomp (3) "take", hold (4)

5&6 L rock to left side (5), R recover (&), L step to R (6)

7&8 R side rock (7), L recover (&), touch R next to L (8)

**SECTION A1:□ Start at 12:00**

**Sections 1 and 2 are the same as A.**

**Section 3: Counts 1-4 the same.**

**Make 1/4 right turn hitch, shuffle (9:00)**

5, 6 1/4 right turn R step forward (5) 12:00, hitch L (6)

7&8 L step forward (7), R ball step (&), L forward

**SECTION A2:□ Start at 12:00**

**Section 1 is the same as A.**

**Section 2: Counts 1-4 the same (mambos).**

**Cross rocks X2 (12:00)**

5&6 R cross rock over L (5), recover back on L (&), R step to right side (6)

7&8 L cross rock over R (7), recover back on R (&), L step to left side (8)

**ENDING: Section A same until last 2 counts**

**Sailor 1/4 left turn X2 to end at 12:00**

7&8 Step L back (7), 1/4 left turn step R to side (&) 3:00, 1/4 left turn step L forward (8) 12:00

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