

Walkashame

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) - January 2014
音樂: Walkashame - Meghan Trainor : (Album: Titel DeLuxe 2015)



#32 count intro, Start dancing at the words "Neighbors Stay" (One Tag, No Restarts).

Sec 1 [1-8] Behind, Side, Step, ¼ Pivot L, Heel Swivels.

1&2 Step Lt Behind Rt, turn ¼ right (3) step Rt to the right, step Lt fwd.
3-4 Step Rt fwd, turn ¼ left (12) take weight onto both feet.
5&6 Swivel heels to the left, swivel heels to the right, swivel heels to the left.
7&8 Swivel heels to the right, swivel heels to the left, swivel heels to the right.

Sec 2 [9-16] Side, Close, ¼ L, Step, Run, Run, Heel Fwd, Side, Touch, Half Rumba Box Back.

1&2 Step Lt to the left, step Rt next to Lt, turn ¼ left (9) step Lt fwd.
3&4 Stepping Rt fwd, stepping Lt fwd, touch R heel fwd holding weight onto Lt
5-6 Step Rt to the right, touch Lt next to Rt.
7&8 Step Lt to the left, step Rt next to Lt, step Lt back.

TAG: 4 count Tag here WALL 2 after 12 count (3 o'clock) after start again (6 o'clock).

Sec 3 [17-24] Step, ¼ R, Side, ¼ R, Back, Point Fwd, Step, ¼ L, Side, Anchor Step.

1-4 Step Rt fwd, turn ¼ right (12) step Lt to the left, turn ¼ right (3) step Rt back, point Lt fwd.
5-6 Step Lt fwd, turn ¼ left (12) step Rt to the right.
7&8 Locked Lt behind Rt take weight onto Lt, recover on Rt, recover on Lt.

Sec 4 [25-32] Heel Jacks Across, ¼ Pivot L, Hip Bums L-R-L.

1&2& Step Rt across Lf, step Lt slightly to left, tap Rt heel fwd (Heel Jack Across), step Rt back in place.
3&4& Step Lt across Rf, step Rt slightly to right, tap Lt heel fwd (Heel Jack Across), step Lt back in place.
5-6 Step Rt fwd, turn ¼ left (9) take weight.
7&8 Bump L hip to left, bump R hip to right, bump L hip to left.

Sec 5 [33-40] 2x Half Rumba Box Fwd, Half Rumba Box Back, Side, Close, ¼ L.

1&2 Step Rt to the right, step Lt next to Rt, step Rt fwd.
3&4 Step Lt to the left, step Rt next to Lt, step Lt fwd.
5&6 Step Rt to the right, step Lt next to Rt, step Rt back.
7&8 Step Lt to the left, step Rt next to Lt, turn ¼ left (6) step Lt fwd.

Sec 6 [41-48] Touch Fwd, Back, Touch Back, Step, ¼ Pivot L, Step, Heel Fwd.

1-4 Touch Rt fwd, step Rt back, touch Lt back, step Lt fwd.
5-8 Step Rt fwd, turn ¼ left (3) take weight onto Lt, step Rt fwd, touch L heel fwd holding weight onto Rt.

TAG: Wall 2 after count 12

¼ L, Side, Point Fwd, ¼ L, Step, Close.

1-4 Turn ¼ left step Rt to the right, touch Lt fwd, turn ¼ left step Lt fwd, step Rt next to left.

Start Again and have fun!

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