

Let's Bring It Back

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Adrian Lefebour (AUS) - January 2015
音樂: Do You Remember (feat. Sean Paul & Lil Jon) - Jay Sean : (Album: All Or Nothing)



Notes: 32 count intro from the start of the song. Restart on Wall 6

[1-8] □ Step, Together, Step, Step Across, 1/4 Turn, 1/4 Turn, Step, Together, Step, Step Across

1&2 Step R fwd, Step L next to R, Step R fwd
3,4,5 Step L across R, 1/4 Turn L Step R back, 1/4 Turn L Step L to L side (6.00)
6&7 Step R fwd, Step L next to R, Step R fwd
8 Step L across R (preparing to make a 1/4 turn L)

[9-16] □ 1/4 Turn, Step, Replace, 1/2 Turn, 1/4 Turn, Cross Samba, Step Across

1,2,3 1/4 Turn L Step R back, Step L back, Replace weight fwd on R (3.00)
4,5 1/2 Turn R Step L back, 1/4 Turn R Step R to R side (12.00)
6&7 Step L over R, Step R to R side, Step L in place
8 Step R across L

[17-24] □ Step, Hip Bump, Step, Hip Bump, Step, 45 degree Sailor Step, Step

1,2 Step L to L side, Bump Hips L
3,4 Transfer weight to R, Bump Hips R
5,6&7 Step L to L side, Step R back on 45 degree R, Step L next to R, Step R fwd (1.00)
8 Step L fwd

[25-32] □ Kick Step Touch, 1/2 Turn, Step, Kick Step Touch, Step (Done on the 45 degree 1pm & 7pm)

1&2 Kick R fwd, Step R back, Touch L toe back
3,4 1/2 Turn L Step L down, Step R fwd (7.00)
5&6 Kick L fwd, Step L back, Touch R toe back
7,8 3/8 Turn R Step R down, Step L fwd (12.00) Restart

[33-40] □ Step Scoot/Hitch, Step, 1/2 Turn, Step Scoot/Hitch, Step, Step

1,2 Step R fwd, Scoot back on R foot and Hitch L knee
3,4 Step L back, 1/2 Turn R Step R fwd (6.00)
5,6 Step L fwd, Scoot back on L foot and Hitch R knee
7,8 Step R back, Step L back (6.00)

[41-48] □ Coaster Step, Shuffle Fwd, 1/2 Pivot Turn, 1/2 Turn, 1/4 Turn

1&2 Step R back, Step L next to R, Step R fwd (R Coaster Step) (6.00)
3&4 Shuffle fwd on L stepping L R L
5,6 Step R fwd, 1/2 Pivot Turn L (12.00)
7,8 1/2 Turn L Step R back, 1/4 Turn L Step L to L side (3.00)

[49-56] □ Cross Shuffle, Step, Replace, Cross Samba, 1/2 Pivot Turn

1&2 Step R across L, Step L to L side, Step R across L
3,4 Step L to L side, Replace weight on R
5&6 Step L across R, Step R to R side, Step L in place
7,8 Step R fwd, 1/2 Pivot Turn L (9.00)

[57-64] □ Step, Touch, Step, Touch, 1/2 Pivot Turn, 1/2 Turn, 1/4 Turn

1,2 Step R fwd/across, Touch L toe to L side
3,4 Step L fwd/across, Touch R toe to R side

5,6 Step R fwd, 1/2 Pivot Turn L (3.00)

7,8 1/2 Turn L Step R back, 1/4 Turn L Step L to L side (6.00)

START AGAIN

NOTE: Wall 6 – restart dance at the back wall after the first 32 counts.

FINISH: Wall 7 – dance to count 50, then step L to L side, Replace weight 1/4 turn to the front, touch L next to R

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