Don't Believe Me, Just Watch



拍數: 64 牆數: 4 級數: Low Intermediate

編舞者: Cef Decaney (USA) - January 2015

音樂: Uptown Funk (feat. Bruno Mars) - Mark Ronson



S1: Vine-Weave-Toe Grind

- 1-2&3-4 (1) Step Right to Right side (2) Step Left behind Right (&) Step Right to Right side (3) Cross Left over Right (4) Step Right to Right side
- 5-6-7-8 (5) Step on Left toe and toe grind, movement is like putting out a cigarette On the ground (6)

Left Toe grind (7) Left Toe grind (8) Place weight Onto Right foot

S2: Vine-Weave-Toe Grind

- 1-2&3-4 (1) Step Left to Left side (2) Step Right behind Left (&) Step Left to Left Side (3) Cross Right over Left (4) Step Left to Left side
- 5-6-7-8 (5) Step on Right toe and grind (6) Toe grind (7) Toe grind (8) Place Weight on Left foot Bridge: 3rd Wall sequence, after 16 counts 4 count Bridge then Resume dance from this point

S3: Diagonal rock forward and back-1/4 Turn-Crossover Step

- 1-2-3-4 (1) Rock Forward onto the Right, as you rock forward turn ½ turn to the Left (2) Recover weight back onto the left, squaring up to the wall (3) Rock Back onto the Right, as you rock back make a ½ turn to the Right (4) Recover weight back onto the left, squaring up to the wall
- 5-6-7-8 (5) Step Forward onto the Right (6) Pivot ¼ turn to Left, placing weight On the Left (7) Cross Right over Left (8) Step Left to Left side

S4: Step Lock with Knee Pop X2-Rock Fwd-Coaster

- 1-2-3-4 (1) Step Right Diagonally Forward (2) Lock Left behind Right, as soon as The left locks behind Right, Pop Right knee (3) Step Right Diagonally Forward (4) Lock Left behind Right, as soon as the Left locks behind Right, Pop Right Knee
- 5-6-7&8 (5) Rock Forward on Right (6) Recover back onto Left (7) Step back Onto the Right (&) Step Left next to Right (8) Step Forward onto Right

S5: Rock Recover-Shuffle ½ Turn-Rock Recover-Shuffle ½ Turn

- 1-2-3&4 (1) Rock Forward onto Left (2) Recover back onto Right (3) Step back Onto Left making ¼ turn to Left (&) Step Right Next to Left (4) Step Left to Left side making ¼ Turn To Left
- 5-6-7&8 (5) Rock Forward on the Right (6) Recover back onto Left (7) Step back Onto Right making 1/4 Turn Right (&) Step Left next to Right (8) Step Right to Right side making 1/4 Turn Right

S6: Jazz Box-Hitch-Jazz Box-Hitch

- 1-2-3-4 (1) Cross Left over Right (2) Step back onto Right (3) Step Left to Left side (4) Hitch Right Knee
- 5-6-7-8 (5) Cross Right over Left (6) Step back onto Left (7) Step Right to Right Side (8) Hitch Left Knee

S7: Double Hip Bumps-Double Hip Bumps- 1/4 Turn-1/4 Turn

- 1-2-3-4 (1) Step Forward with Left bumping Left hip forward as you step (2) Bump Left hip forward (3) Step Right Forward bumping hip forward as you Step (4) Bump Right hip forward
- 5-6-7-8 (5) Step Left forward (6) Turn ¼ turn to the Right, weight on Right (7) Step Left forward (8) Turn ¼ turn to Right, weight on Right

S8: Double Hip Bumps-Double Hip Bumps-1/4 Turn-1/4 Turn

- 1-2-3-4 (1) Step Forward with Left bumping Left hip forward as you step (2) Bump Left hip Forward
 - (3) Step Right Forward bumping hip forward as you step (4) Bump Right hip Forward
- 5-6-7-8 (5) Step Left forward (6) Turn ¼ turn to the Right, weight on right (7) Step Left Forward (8) Turn ¼ turn to Right, place weight on Left

Start Again

BRIDGE: Happens after 16 counts on 3rd Wall. Dance first 16 counts then Hold For 4 counts with the music pause, then Resume dance from where you left Off..

Contact: ceferdjr@netscape.net

Last Update - 27th March 2015