

Tu es fou

拍數: 64 牆數: 2 級數: Improver
編舞者: Sophie Dick (BEL) - December 2014
音樂: Tu es fou - Magic System



Count in: 32 counts from start of track

[1-8] WIZARD STEP WITH HEEL TOUCHES (2X)

1 – 2 & step R diagonal fwd, cross L behind right, step R diagonal fwd
3 & 4 & touch L heel fwd, step L next to R, touch R heel fwd, step R next to L
5 – 6 & step L diagonal fwd, cross R behind left, step L diagonal fwd
7 & 8 & touch R heel fwd, step R next to L, touch L heel fwd, step L next to R

[9-16] ROLLING VINE WITH SIDE TOUCH, ¼ TURN L, ½ TURN L, ½ TURN SHUFFLE L

1 – 2 step R ¼ turn right, step L ½ turn right
3 – 4 step R ¼ turn right, touch L to the left side
5 – 6 step L ¼ turn left, step R ½ turn left,
7 & 8 step L ½ turn left, step R next to L, step L fwd

[17-24] CROSS SAMBA (X2), ROCKSTEP, ½ TURN SHUFFLE

1 & 2 cross R over left, step L to the left, step R diagonal fwd
3 & 4 cross L over right, step R to the R, step L diagonal fwd
5 – 6 rock R fwd, recover on L
7 & 8 step R ½ turn right, step L next to R, step R fwd

[25-32] CROSS SAMBA (X2), ROCKSTEP, ¾ TURN TRIPLE STEP

1 & 2 cross L over right, step R to the right step L diagonal fwd
3 & 4 cross R over left, step L to the L, step R diagonal fwd
5 – 6 rock L fwd, recover on R
7 & 8 triple step ¾ turn left in place (L-R-L)

[33-40] VINE ¼ TURN, STEP ½ TURN R, STEP ¼ LEFT, CROSS BEHIND, ¼ TURN L

1 – 2 step R to the right, cross L behind
3 – 4 step R ¼ turn R, step L fwd
5 – 6 ¼ turn R, step L ¼ turn L
7 – 8 cross R behind, step L ¼ turn to the left

[41-48] PADDLE ¼ TURN (X3), FLICK, JAZZ BOX CROSS

1 – 2 side touch R with ¼ turn to the left (x2)
3 – 4 side touch R with ¼ turn to the left, R flick
5 – 6 cross R over L, step L back
7 – 8 step R to the right, cross L over right

[49-56] BIG STEP WITH SIDE TOUCHES (X2)

1 – 2 big step R to the right, touch L next to R
3 – 4 touch L to the left, touch L next to R
5 – 6 big step L to the left, touch R next to L
7 – 8 touch R to the right, touch R next to L

[57-64] PIVOT ½ TURN (X2), OUT, OUT, IN, IN

1 – 2 step R fwd, ½ turn left
3 – 4 step R fwd, ½ turn left

5 – 6 step R diagonal fwd, step L diagonal fwd
7 – 8 step R diagonal back to the center, step L next to R

Start again and keep that smile on your face! :D

No Tags And No Restarts

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