

You Should've Run

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver / Intermediate
編舞者: Karen Kennedy (SCO) - January 2015
音樂: Should've Run - Julia Sheer : (Single)



Intro:- 24 counts (14/15 second) starting as vocals kick in

S1: CROSS, SIDE, BEHIND, SIDE, & HEEL, BALL, CROSS, ¼ STEP BACK, ½ TURNING SHUFFLE

1 -2 Cross right over left side, step left to left side
3&4 Step right behind left, step left to left side, touch right heel to right diagonal
& Step ball right foot back beside left
5 -6 Cross left over right, ¼ turn left stepping back on right (9.00)
7&8 Over left shoulder ½ turning shuffle – stepping left, right left (3.00)

S2: RIGHT & LEFT HEEL SWITCHES, CROSS, SIDE, HEEL, BALL, CROSS, ¼ STEP BACK, ½ TURNING SHUFFLE

1&2& Touch right heel forward, step right foot back in place, touch left heel forward, step back in place
3&4 Cross right foot over left, step left to left side, touch right heel to right diagonal
& Step right ball back beside left
5 -6 Cross left over right, ¼ turn left stepping back on right (12.00)
7&8 Over left shoulder ½ turning shuffle – stepping left, right left (6.00)

S3: RIGHT KICK BALL, POINT, LEFT KICK BALL, POINT, RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN LEFT

1&2 Kick right foot forward, step ball of right back in place, touch left toe to left side
3&4 Kick left foot forward, step ball of left back in place, touch right toe to right side
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right taking ¼ turn left, step right to right side, step left to left side (3.00)

S4: ¼ PIVOT TURN , RIGHT CROSS SHUFFLE, ½ HINGE TURN, LEFT CROSS SHUFFLE

1 -2 Step forward on right, pivot ¼ left (12.00)
3&4 Cross left over right, close left beside right, cross left over right
5 -6 ¼ turn right stepping back on left foot (3.00), ¼ turn right stepping right to right side (6.00)
7&8 Cross left over right, close right beside left, cross left over right

S5: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS , SIDE ROCK, RECOVER, LEFT SAILOR WITH ¼ TURN LEFT

1 -2 Side rock right to right side, recover back on to left
3&4 Step right behind left, step left to left side, cross right over left
5 -6 Side rock left to left side, recover on right
7&8 Cross left behind right taking ¼ turn left , step right to right side, step left to left side (3.00)

S6: ½ PIVOT TURN, RIGHT SHUFFLE FWD, FULL TURN, LEFT SHUFFLE FWD

1 -2 Step forward on right, ½ pivot turn left (9.00)
3&4 Step forward on right, close left beside right, step forward on right
5 -6 ½ turn right stepping back on left (3.00), ½ turn right stepping forward on right (9.00)

*Easier Option - Counts 5 -6 Walk forward left and right (Option for non- turners)

7&8 Step forward on left, close right beside left, step forward on left

START AGAIN

Tag :- RIGHT ROCKING CHAIR * (Add at the end of wall 2 and 6 facing the back wall)

1 -4 Rock forward on right, recover back on left, rock back on right, recover back on left *

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Last Update – 10th Jan 2015
