

New Shade of Blue

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Improver
編舞者: Yvonne Anderson (SCO) - January 2015
音樂: New Shade of Blue - Southern Pacific : (Album: Southern Pacific Greatest Hits - iTunes)



Notes: □ 16 count intro (start before vocal)

Restarts on walls 2 & 5 (facing 9 o'clock) and on wall 7 (facing 3 o'clock) all the Restarts are obvious ones. The dance finishes facing front wall.

Special thanks to Graham Mitchell for suggesting I write a dance to this lovely relaxed track.

[1-8] □ □ SIDE ROCK, RECOVER, ROCK BACK RECOVER, SIDE ROCK, RECOVER, CROSS, HOLD

1-4 Rock R to right, Recover weight on L, Rock R behind left, Recover weight on L [12]

5-8 Rock R to right, recover weight on L, Step R across left, Hold [12]

[9-16] □ □ 1/4, 1/2, 1/4 ROCK, RECOVER, CROSS, SIDE, CROSS, HOLD

1-4 Make 1/4 turn right stepping L back, Make 1/2 turn right stepping R forward, Make 1/4 turn right rocking left to side, Recover weight on R [12]

(non-turning option: Step L to left, Step R behind left, Rock Left to left, Recover weight on R)

5-8 Step L across right, Step R to right, Step L across right, Hold [12]

[17-24] □ REVERSE RHUMBA BOX WITH 1/4 TURN

1-4 Step R to right, Step L beside right, Step R back, Hold [12]

5-8 Step L to left, Step R beside right, Make 1/4 turn left stepping L forward [9]

[25-32] □ REVERSE RHUMBA BOX WITH 1/4 TURN

1-4 Step R to right, Step L beside right, Step R back, Hold [9]

5-8 Step L to left, Step R beside right, Make 1/4 turn left stepping L forward [6]

[33-40] □ STEP, 1/2 TURN LEFT, STEP, HOLD, STEP, 1/2 TURN RIGHT, STEP, HOLD

1-4 Step R forward, Make 1/2 turn left taking weight on L, Step R forward, Hold [12]

5-8 Step L forward, Make 1/2 turn right taking weight on R, Step L forward [6]

(non-turning option: Rock R forward, Recover weight on L Step R beside left, Hold, Rock R back, Recover weight on L, Step R beside left, Hold)

RESTART – walls 2 and 5 both facing 9 o'clock

[41-48] □ FRONT, SIDE, BEHIND, SWEEP, BEHIND, 1/4 TURN RIGHT, FORWARD, HOLD

1-4 Step R across left, Step L to left, Step R behind left, Sweep L out and around from front to back [6]

5-8 Step L behind right, Make 1/4 turn R stepping R forward, Step L forward, Hold [9]

[49-56] □ STEP, 1/2 TURN LEFT, STEP, HOLD, FULL TRIPLE TURN FORWARD, HOLD

1-4 Step R forward, Make 1/2 turn left taking weight on L, Step R forward, Hold [3]

5-8 Make a full turn right (travels forward) stepping L, R, L, Hold [3]

(non-turning option: shuffle forward stepping L, R, L, Hold)

RESTART – wall 7 facing 3 o'clock

[57-64] □ MAMBO FORWARD, HOLD, COASTER CROSS, HOLD

1-4 Rock R forward, Recover weight on L, Step R beside left, Hold [3]

5-8 Step L back, Step R beside left, Step L slightly forward and across right, Hold [3]

REPEAT

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