Sweet Nothings

拍數: 64

級數: Intermediate

編舞者: John Dean (UK) - January 2015

音樂: Sweet Nothings - The Deans

Cross, Rock, Chasse Right, Cross, Rock, Chasse Left, Touch Right, Cross, Touch Left, Cross, 1/4 Turn, 1/4 Turn, Repeat

- 1 2 Cross right over left, recover onto left
- 3 & 4 Step right to right, close left to right, step right to right

牆數: 0

- 5 6 Cross left over right, recover onto right
- 7 & 8 Step left to left, close right to left, step left to left
- 9 12 Touch right toe to right, cross right over left, touch left toe to left, cross left over right
- 13 16Step forward on right, turn 1/4 to left transfewng weight to left, step forward on right, Turn 1/4
to left transferring weight to left

[17-32] Repeat steps 1-16

Touch Right, Touch Front, Touch Right, Touch Behind, Diagonally Forward, Close, Diagonally Forward, Tap & Clap

- 33-36 Weight on left,- touch right toe to right, touch right toe across in front of left leg, touch right toe to right
- 37 40 Step forward on right to right diagonal, close left to right, step forward on right to right diagonal, tap left toe to right instep and clap hands

Step left To Left, Hold For 3 Beats, Mashed Potato Back,

- 41 44 Step left to left side, hold for 3 beats
- & 45 Spread heels apart, step back on right bringing heels in
- & 46 Spread heels apart, step back on left bringing heels in
- & 47 Spread heels apart, step back on right, bringing heels in
- 48 Touch left beside right

Rolling Vine Left, Touch, Kick Ball Change, Kick Ball Change

- 49 52Turn 1/4 to left stepping on left, pivot 1/2 to left and step back on right, pivot ¼ to left and step
left to left, tap right toe to left instep
- 53 & 54 Kick right foot forward and slightly across left, step right next to left on ball of right, step left in place
- 55 & 56 Kick right foot forward and slightly across left, step right next to left on ball of right, step left in place

Turn 1/2 Pivot, 1/4 Pivot, Step To Right, Hold 3 Beats, (Optional Hip Roll) Transfer Weight To Left

- 57 58 Step forward on right, pivot 1/2 to left transferring weight onto left
- 59 60 Step forward on right, pivot 1/4 to left transferring weight onto left
- 61 64 & Step right to right, hold for 3 beats (or slowly roll hips anti-clockwise) transfer weight to left foot

Endng to dance - After step 32

- 33 34 Step forward on right, turn 1/4 turn to left transferring weight to left
- 35 36 Step right to right and hold

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