

Transfer To Swing

拍數: 64 牆數: 2 級數:
編舞者: Jenifer Wolf (CAN) - January 2015
音樂: Baby Come Back to Me - Manhattan Transfer : (Album: Bop Doo Wopp 1)



Intro: 32 counts □ Level: Beginner

(A) □ TOE STRUT, ROCK, REPLACE, X2

- 1-2 Touch right toe to right side, Bring right heel down (weight ends on right foot)
- 3-4 Step left foot slightly behind right foot, Step right foot in place (rock, replace).
- 5-6 Touch left toe to left side, Bring left heel down.
- 7-8 Step right foot slightly behind left foot

(B) □ FOUR HEEL STRUTS FORWARD

- 1-2 Touch right heel forward, Snap right toe down (weight on right foot)
- 3-4 Touch left heel forward, Snap left toe down (weight on left foot).
- 5-6 Touch right heel forward, Snap right toe down (weight on right foot)
- 7-8 Touch left heel forward, Snap left toe down (weight on left foot).

(C) □ STEP, HOLD, ¼ TURN LEFT, HOLD, X2 □

- 1-2 Step right foot forward, Hold (snap fingers)
- 3-4 Turn ¼ left onto left foot, Hold.
- 5-6 Step right foot forward, Hold (snap fingers)
- 7-8 Turn ¼ left onto left foot, Hold.

(D) □ STEP FORWARD, TOGETHER, STEP, HOLD, X2

- 1-2 Step right foot forward, Step left foot beside right foot.
- 3-4 Step right foot forward, Hold
- 5-6 Step left foot forward, Step right foot beside left foot
- 7-8 Step left foot forward, Hold

(E) □ STEP, TOGETHER, SIDE TOUCH, TOUCH X4

- 1-2 Step right foot to right side, Step left foot beside right foot.
- 3-4 Step right foot to right side Touch left foot beside right foot
- 5-6 Touch left toe to left side, Touch left toe beside right foot
- 7-8 Touch left toe to left side, Touch left toe beside right foot

(F) □ STEP, TOGETHER, SIDE TOUCH, TOUCH X4

- 1-2 Step left foot to left side, Step right foot beside left foot.
- 3-4 Step left foot to left side Touch right foot beside left foot
- 5-6 Touch right toe to right side, Touch right toe beside left foot
- 7-8 Touch right toe to right side, Touch right toe beside left foot

(G) □ CHARLESTON

- 1-2 Touch right toe forward, Hold. (swing both arms to the right side)
- 3-4 Step right foot back, Hold (swing both arms to the left side)
- 5-8 Touch left toe back, Hold, Step left foot forward, Hold (weight ends on left foot)

(H) □ CHARLESTON

- 1-4 Touch right toe forward, Hold Step right foot back, Hold
- 5-8 Touch left toe back, Hold, Step left foot forward, Hold (weight ends on left foot)

Start again □ □

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Contact - British Columbia, Canada - e-mail: dancewithwolfs@telus.net - web site: www.dancewithwolfs.com
