Tomorrow Will Be Kinder



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Evelyn Khinoo (USA) - January 2015

音樂: Tomorrow Will Be Kinder - The Secret Sisters: (Album: The Hunger Games -

Songs from District 12 and Beyond - 3:25)



Start: 24 counts

A. CROSS, POINT, HOLD, BEHIND, SIDE, CROSS

1-2-3 Cross R over L, point L to L side, hold (body slightly angled L)
4-5-6 Cross L behind R, step R to R side, cross L over R (12:00)

B.□SIDE, DRAG, DRAG, CROSS ½ TURN, SIDE, CROSS

1-2-3 Step R to R side (long step), drag L toward R, continue to drag L toward R
4-5-6 Cross L over R while making a ½ L turn, step R to R side, cross L over R (6:00)

C.□SIDE, ROCK, RECOVER, SIDE, ROCK, RECOVER

1-2-3 Step R to R side, rock L behind R, recover onto R 4-5-6 Step L to L side, rock R behind L, recover onto L

D. DIAGONAL FORWARD, 1/2 TURN, TOGETHER, BACK, SIDE ROCK, RECOVER

1-2-3 Step R fwd at R diagonal (7:00), turn ½ R stepping back on L, step R together (1:00)

4-5-6 Step L back, rock R to R side, recover onto L (1:00)

E.□CROSS, SIDE ROCK, FORWARD, HOLD, HOLD

1-2-3 Cross R over L (traveling slightly forward at the diagonal), rock L to L side, recover onto R

(1:00)

4-5-6 Step L fwd, hold, hold

F. DROCK, RECOVER, SWEEP, BACK, BACK, 1/8 TURN

1-2-3 Rock R fwd, recover back onto L, sweep R around front to back 4-5-6 Step R back, step L back, turn 1/8 R stepping to R side (3:00)

Optional turning steps:

1-2-3□Rock R fwd, recover back onto L and hook R over L while making ½ turn R (2-cts.) (7:00)

4-5-6 Step R fwd, turn ½ R stepping back on L, turn ⅓ R stepping R to R side (3:00)

G.□CROSS, RECOVER, SWEEP, BEHIND, SIDE, CROSS

1-2-3 Cross L over R, recover onto R, sweep L around front to back

4-5-6 Cross L behind R, step R to R side, cross L over R

H.□¼ TURN, FWD ROCK, RECOVER, BACK, POINT, HOLD

1-2-3 Step R fwd into ¼ turn R, rock L fwd, recover onto R (6:00)

4-5-6 Step L back, point R to R side, hold (angle body L as prep to start dance) (6:00)

TAG (end of walls 2, 3, 5, 6):

1-2-3 Cross R behind L, rock L to L side, recover onto R (traveling slightly back)
4-5-6 Cross L behind R, rock R to R side, recover onto L (all traveling slightly back)
1-2-3 Rock R behind L, recover onto L, sweep R around back to front

ENDING (during wall 7 facing the front): Complete A, B, C (music slows in Section B-go with it). Then, dance Section D (the change is in counts 4-5-6):

1-2-3 Step R fwd at R diagonal, make ½ R turn stepping back on L, step R together (1:00)

4-5-6 Cross L over R while making ½ L turn to face front, hold, hold (pose w/arms out to sides) (12:00)

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