

Mei Hua (Waltz)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner waltz
編舞者: Mamalinedance Mei Kwo (USA) - January 2015
音樂: Plum Blossom (梅花) - Teresa Teng (鄧麗君)



Intro: Start dance on vocals after 24 counts

SET 1: WALTZ FORWARD, WALTZ BACK (12.00)

1-3 Step left forward, step right together, step left together
4-6 Step right BACK, step left BACK, step right next to left together

SET 2: FULL TURN (12.00)

1 Step left foot forward,
2 Step right foot forward and pivot half turn left,
3 Step left foot back
4 Step right foot back,
5 Step left foot back and pivot half turn left
6 Step right foot forward

SET 3: WALTZ FORWARD, WALTZ BACK (12.00)

1-3 Step left forward, step right together, step left together
4-6 Step right back, step left back, step right next to left foot

SET 4: LEFT TWINKLE, RIGHT TWINKLE (12.00)

1-3 Cross step L over R, step R to right side, step L to left side.
4-6 Cross step R over L, step L to left side, step R to right side.

RESTART AGAIN WHEN YOU FACING 12.00 ON WALL 3.

SET 5: LEFT TWINKLE, Cross ½ Turn RIGHT (6.00)

1-3 Cross left foot over right foot, step right foot to right diagonal, step left foot to left diagonal
4-6 Cross right foot over left foot, make a ¼ turn right and step back on left foot, make a ¼ turn right and step right foot to right side

SET 6: LEFT TWINKLE, CROSS 1/2 TURN RIGHT (12.00)

1-6 Repeat steps SAME AS ABOVE 1-6

SET 7: FWD, POINT (right), HOLD, BACK, POINT (left), HOLD (12.00)

1-3 Cross step L over R, point R toe to right side, hold.
4-6 Cross step R behind L, point L toe to left side, hold.

SET 8: TURN 1/2 LEFT, BACK COASTER STEP. (6.00)

1-3 Turn 1/4 left (L forward), turn 1/4 left (R to side), turn 1/4 left (L to side).
4-6 Step R back, step L beside R, step R forward.

RESTART: ON WALL 3, ONLY DANCE UNTIL COUNT 24 AND RESTART THE DANCE FROM SET 1-4 AGAIN!

ENJOY!

Contact: mamalinedance@gmail.com