

# Lifetime Dreams

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Jan Wyllie (AUS) - January 2015  
音樂: Once in a Lifetime - Heartbeat : (Album: Once In A Lifetime)



#16 count intro, No Tags Or Restarts

Thank you to Henrico from The Netherlands for this song - an Aussie song too

## Shuffle Fwd Stomp Fwd Hold Rock Fwd Recover Toe Strut Back

1,2,3,4      Shuffle fwd RLR, Stomp fwd on L, Hold  
5,6,7,8      Rock/step fwd on R, Recover back on L, Step back on R toe, Drop R foot

## Shuffle Back 1/4 Rocks Side Slide Side Slide

9&10      Shuffle back LRL  
11,12      Making 1/4 right rock/step R to right, Rock/step L to left  
13,14      Big step to right, Slide L to touch beside R  
15,16      Big step to left, Slide R to touch beside L

## Shuffle Fwd Step Pivot 1/2 Shuffle Fwd Step Pivot 1/4

17&18      Shuffle fwd RLR  
19,20      Step fwd on L, Pivot 1/2 right transferring wt to R  
21&22      Shuffle fwd LRL  
23,24      Step fwd on R, Pivot 1/4 left transferring wt to L

## Rock Fwd Recover Step Back Hold Step Back Tap Walk Fwd

25,26,27,28      Rock/step fwd on R, Recover back on L, Step back on R, Hold  
29,30      Step back on L, Tap R beside L  
31,32      Walk fwd RL

Hope you enjoy this easy little dance.

Heartbeat are Aussies who sing at various clubs around our country....

So you might find them in a club near you very soon.

See you on the floor sometime.... Jan

Contact - Email: [janwyllie@iinet.net.au](mailto:janwyllie@iinet.net.au) - Web Site: <http://www.members.iinet.net.au/~janwyllie/>  
Music questions: [www.heartbeatduo.com.au](http://www.heartbeatduo.com.au)