

Last Dance

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Susanna Leskinen (FIN) - January 2015
音樂: Dernière danse - Indila : (Album: Mini World - 2013)



Starting on vocals after 32 counts (00:16)

Section 1: Nightclub basics L & R, ½ Pivot turn R, ½ Shuffle turn R

- 1-2& Step LF to left, Rock RF behind LF, Recover to LF
- 3-4& Step RF to right, Rock LF behind RF, Recover to RF
- 5-6 Step LF forward, ½ Pivot Turn to right, weight on RF (facing 6 o'clock)
- 7&8 Make ¼ turn to right stepping LF to side, Step RF together, Make ¼ turn to right stepping LF back (facing 12 o'clock)

Section 2: Nightclub basics R & L, ½ Pivot turn L, 1 ¼ Shuffle turn L, Step

- 1-2& Step RF to right, Rock LF behind RF, Recover to RF
- 3-4& Step LF to left, Rock RF behind LF, Recover to LF
- 5-6 Step RF forward, ½ Pivot Turn to left, weight on LF (facing 6 o'clock)
- 7&8& ¼ turn left stepping RF to right side, 1/8 turn left stepping LF together (facing 1 o'clock), 1/8 turn left stepping RF back (facing 12 o'clock), ¼ left stepping LF forward (facing 9 o'clock)

Section 3: Step, Step, Coaster step, Rock, Recover, Shuffle LRL

- 1-2 Step RF forward, Step LF forward
- 3&4 Step RF forward, Step LF together, Step RF Back
- 5-6 Rock LF back, Recover to RF
- 7&8 Step LF back, Step RF together, Step LF back

Section 4: Cross, Full Unwind, Sweep, Cross, Touch R side, ¼ Turn R, Hip

- 1-2 Cross RF over LF, Make full unwind turn to left
- 3-4 Sweep LF slowly behind RF
- 5-6 Cross LF behind RF, Touch RF to the right side
- 7-8 ¼ turn to right on the ball of LF (RF stays touching fwd), Bend Knees and push hips to left, weight on LF (facing 12 o'clock)

Section 5: Step, Hold, ¼ L Step, Step, ¼ L Step, Hold, Step, ¼ L Step

- 1-2 Step RF forward, Hold
- 3-4 ¼ left stepping LF forward, Step RF forward (facing 9 o'clock)
- 5-6 ¼ turn left stepping LF forward, Hold
- 7-8 Step RF forward, ¼ turn left stepping LF forward (facing 3 o'clock)

Section 6: Step, Sweep, Step, Sweep, Cross, Side, ¼ Shuffle R

- 1-2 Step RF forward, Sweep LF over RF
- 3-4 Step LF forward, Sweep RF over LF
- 5-6 Cross RF over LF, Step LF to left side
- 7&8 ¼ turn right stepping RF to right side (facing 6 o'clock), Step LF together, Step RF to right side

Section 7: ½ Pivot R, ½ Pivot R, Step, Hold, Full turn left

- 1-2 Step LF forward and make ½ pivot turn to right, weight to RF (facing 12 o'clock)
- 3-4 Step LF forward and make ½ pivot turn to right, weight to RF (facing 6 o'clock)
- 5-6 Step LF forward, Hold (This is a preparation for full turn, so turn your upper body to right)
- 7-8 ½ turn to left stepping RF back (facing 12 o'clock), ½ turn left stepping LF forward (facing 6 o'clock)

Section 8: Syncopated Rocks, Back, Back, Sway, Sway

- 1-2& Rock RF forward, Recover to LF, Step RF next to LF, Switch weight to RF at the same time
- 3-4& Rock LF forward, Recover to RF, Step LF next to LF, Switch weight to LF at the same time
- 5-6 Step RF back, Step LF back
- 7-8 Sway hips to left, Sway hips to right, weight stays on RF

Start again!

Notice: The rhythm of The music is time to time slower and faster, so listen the rhythm carefully ☐

Contact and more info: leskinsu@gmail.com, tel. +358408447927
