

Gimme A Chance (給我機會) (zh)

COPPER KNOB
STYLEDANCE

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Maggie Gallagher (UK) - 2008年06月
音樂: Gimme a Chance - Mark Medlock : (CD: Cloud Dancer)



前奏 : Intro: 48 counts after initial notes.

- 第一段 Right Twinkle Full Turn Right Stepping To Left Side, Holds**
右華士步右轉圈, 左踏, 候
- 1,2,3 Cross right over left, 1/4 turn right stepping back on left, 1/2 turn right stepping forward on right [9]
右足於左足前交叉踏, 右轉90度左足後踏, 右轉180度右足前踏(9點鐘)
- 4,5,6 1/4 turn right stepping left to left side sliding right towards left, HOLD, HOLD (12:00) 右轉90度左足左踏, 右足滑併踏, 候(12點鐘)
- 第二段 Side, Cross, Side, Cross, Holds 側, 交叉, 側, 交叉, 候**
- 1,2,3 Step right to right side, Cross left over right, Step right to right side 右足右踏, 左足於右足前交叉踏, 右足右踏
- 4,5,6 Cross left over right on right diagonal, HOLD, HOLD (1:30)
左足於右斜角線前交叉踏, 候, 候(面向1:30)
- 第三段 Swivel 1/2 Turn Right, Holds, Full Turn Right, Step**
雙腳右轉1/2, 候, 右轉圈, 踏
- 1,2,3 Make 1/2 turn right (still on diagonal with weight forward on right), HOLD, HOLD (7:30) 右轉180度(右足向斜角線前踏), 候, 候(面向7:30)
- 4,5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right, Step forward on left [7.30]
右轉180度左足後踏, 右轉180度右足前踏, 左足前踏(面向7:30)
- Easier
option: 簡
易版 Run forward on diagonal (L, R, L) (7:30)
向斜角線前走-左, 右, 左(7:30)
- 第四段 STEP, Holds, Straighten Up Stepping Back, Holds**
踏, 候, 後踏, 候
- 1,2,3 Step forward on right (diagonal), HOLD, HOLD
右足斜角線前踏, 候, 候
- 4,5,6 Make 1/8 turn right (straighten up to 9 O'clock wall) stepping back on left dragging right to meet left, HOLD, HOLD
右轉45度(面向9點鐘)左足後踏, 拖右足併踏, 候, 候
- 第五段 RUNS Back, 1/2 Left, 1/4 Left With Right Ronde Forward**
後跑, 左1/2, 左1/4右足繞向前
- 1,2,3 Run back in small steps R, L, R (9:00)
小步後跑-右, 左, 右(9點鐘)
- 4,5,6 Make 1/2 turn left stepping forward on left, Make 1/4 turn left with a right ronde sweep over two counts [12]
左轉180度左足向前, 左轉90度右足二拍繞向前(12點鐘)
- 第六段 RIGHT Cross, Side Rock, Recover, Left Cross, Holds**
右交叉, 側下沉, 回復, 左交叉, 候
- 1,2,3 Cross right over left, Rock out left to left side, Recover weight onto right (12:00) 右足於左足前交叉踏, 左足左下沉, 右足回復(12點鐘)
- 4,5,6 Cross left over right, HOLD, HOLD
左足於右足前交叉踏, 候, 候
- 第七段 Back Right, Left Side Rock, Recover, Cross Behind, Right Ronde**
右後, 左下沉, 回復, 後交叉, 右旋繞

- 1,2,3 Step back on right, Rock left to left side, Recover onto right
右足後踏, 左足左下沉, 右足回復
- 4,5,6 Cross left behind right, Ronde sweep right behind left (over two counts) 左足於右足後交叉踏, 右足2拍繞至左足後
- 第八段**
Repeat previous 6 counts 重覆第七段
- 第九段**
Right Sailor, Left Sailor 右水手, 左水手
- 1,2,3 Cross right behind left, Step left to left side, Step right to right side 右足於左足後交叉踏, 左足左踏, 右足右踏
- 4,5,6 Cross left behind right, Step right to right side, Step left to left side (12:00) 左足於右足後交叉踏, 右足右踏, 左足左踏(12點鐘)
- 第十段**
Make 1/4 Right, Step Back, Drag Left, Left Back, Right Low-Kick, Right Kick-Ronde 右轉1/4, 後踏, 左拖, 左後, 右踢, 右踢繞
- 1,2,3 Make 1/4 turn right, Take big step back on right, Drag left towards right (3:00) 右轉90度, 右足大步後踏, 左足拖併踏(3點鐘)
- 4,5,6 Step back on left, Low-Kick right to right diagonal, Make right kick-ronde sweeping right behind left 左足後踏, 右足右斜角線前踢, 右足繞至左足後
- 第十一段**
Right Sailor, Left Sailor 右水手, 左水手
- 1,2,3 Cross right behind left, Step left to left side, Step right to right side 右足於左足後交叉踏, 左足左踏, 右足右踏
- 4,5,6 Cross left behind right, Step right to right side, Step left to left side (3:00) 左足於右足後交叉踏, 右足右踏, 左足左踏(3點鐘)
- 第十二段**
Make 1/4 Right, Step Back, Drag Left, Left Back, Right Low-Kick, Right Kick-Ronde 右轉1/4, 後踏, 左拖, 左後, 右踢, 右踢繞
- 1,2,3 Make 1/4 turn right, Take big step back on right, Drag left towards right (6:00) 右轉90度, 右足大步後踏, 左足拖併踏(6點鐘)
- 4,5,6 Step back on left, Low-Kick right to right diagonal, Make right kick-ronde sweeping right behind left 左足後踏, 右足右斜角線前踢, 右足繞至左足後
- 第十三段**
Back, Point Left, Hold, Cross, Right Kick, Hold 後, 左點, 候, 交叉, 右踢, 候
- 1,2,3 Step back on right, Point left to left side, HOLD 右足後踏, 左足左點, 候
- 4,5,6 Cross left over right, Low-Kick right forward, HOLD 左足於右足前交叉踏, 右足前踢, 候
- 第十四段**
Back, Point, Hold, Left Cross, Right Ronde Sweep Forward 後, 點, 候, 左交叉, 右繞前
- 1,2,3 Step back on right, Point left toe back on left diagonal, HOLD 右足後踏, 左足左後斜角線點, 候
- 4,5,6 Cross left over right, Ronde sweep right toe in front of left (6:00) 左足於右足前交叉踏, 右足趾由後繞至左足前(6點鐘)
- 第十五段**
Right Cross, Full Unwind Left, Left Ronde, Behind, Side, Cross 右交叉, 左全繞, 左繞, 後, 側, 交叉
- 1,2,3 Cross right over left, Unwind full turn left, Ronde sweep left behind right (6:00) 右足於左足前交叉踏, 左轉繞圈, 左足繞至右足後(6點鐘)
- 4,5,6 Cross left behind right, Step right to right side, Cross left over right 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- 第十六段**
Side Right Swaying Right, Holds, Sway Left, Holds 右側, 右擺臀, 候, 左擺臀, 候
- 1,2,3 Stepping to right side - sway to the right side, HOLD, HOLD 右足右踏右擺臀, 候, 候
- 4,5,6 Sway to the left side, HOLD, HOLD (6:00) 左擺臀, 候, 候(6點鐘)

TAGS: at the END of walls 1,3,5 (7th is the end)

第一、三、五、七面牆加拍

Add extra sways right and left repeating the last 6 counts of the dance.

重覆最後6拍, 再左右擺臀一次

Ending: AFTER the 7th wall complete the TAG and cross right over left unwinding a half turn left to Face the Front.

第七面牆加拍後, 右足於左足前左旋繞180度面向前面牆結束舞曲
