

Go Baby Go (勾勾寶貝) (zh)

COPPER KNOB
BY STEPHEN T. C.

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Rachael McEnaney (USA) - 2009年04月
音樂: Don't Upset the Rhythm (Go Baby Go) - Noisettes



前奏: Dance starts 32 counts from start of track 32拍後起跳

第一段

1-2

Walk R L,
Ball
Change,
Walk R,
Step L ½
Pivot, L
Shuffle
走步-右, 左,
踏踏, 右走,
踏轉1/2, 左
交換

Step
forward on
right (1),
step
forward on
left (2)
[12.00]
右足前踏,
左足前
踏(面向12
點鐘)

&3-4

Step ball of
right to right
diagonal
(&), step
left to left
diagonal
(body
facing
10.30) (3),
step
forward on
right (4)
(squaring
up to
12.00)
[12.00]
右足右斜角
線踏, 左足
左斜角線
踏(身體
向10:30),
右足前
踏(面向12
點鐘)

5-6

Step
forward on
left (5),
pivot $\frac{1}{2}$ turn
right (6)
[6.00]
左足前踏,
右轉180
度(面向6點
鐘)

7&8

Step
forward on
left (7), step
right next to
left (&),
step
forward on
left (8)
[6.00]
左足前踏,
右足併踏,
左足前
踏(面向6點
鐘)

第二段

**Walk R L,
Ball
Change,
Walk R,
Step L $\frac{1}{4}$
Pivot, L
Cross
Shuffle
走步-右, 左,
踏踏, 右走,
踏轉 $\frac{1}{4}$, 左
交叉交換**

1-2

Step
forward on
right (1),
step
forward on
left (2)
[6.00]
右足前踏,
左足前
踏(面向6點
鐘)

&3-4

Step ball of
right to right
diagonal
(&), step
left to left
diagonal
(body
facing 4.30)
(3), step
forward on
right (4)
(squaring
up to 6.00)
[6.00]
右足右斜角
線踏, 左足
左斜角線
踏(身體
向4:30), 右
足前踏(面
向6點鐘)

5-6

Step
forward on
left (5),
pivot $\frac{1}{4}$ turn
right (6)
[9.00]
左足前踏,
右轉90
度(面向9點
鐘)

7&8

Cross left
over right
(7), step
right to right
side (&),
cross left
over right
(8) [9.00]
左足於右足
前交叉踏,
右足右踏,
左足於右足
前交叉
踏(面向9點
鐘)

第三段

**Syncopated
Vine Right,
L Sailor
Step, R
Sailor Step
With $\frac{1}{4}$
Turn R.
變奏右華倫,
左水手, 右
轉水手**

1,2&3,4

Step right to right side (1), cross left behind right (2), step right to right side (&), cross left over right (3), step right to right side (4) [9.00]
右足右踏, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏(面向9點鐘)

5&6

Cross left behind right (5), step right next to left (&), step left to left side (6) [9.00]
左足於右足後交叉踏, 右足併踏, 左足左踏(面向9點鐘)

1 RESTART/TAG: on 2nd wall – do FIRST 22 counts of dance upto L sailor, make ¼ turn right (facing 6.00) rocking back on right (7), recover weight onto left (8) Then restart dance. 6.00

第二面牆, 跳至止, 7&8改成

右轉90度(面向6點鐘)右足後下沉, 左足回復 從頭起跳

7&8

Cross right behind left (7), make ¼ turn right stepping left next to right (&), step forward on right (8) [12.00]
右足於左足後交叉踏, 右轉90度左足併踏, 右足前踏(面向12點鐘)

第四段

Step L ¼
Pivot,
Cross L, ¼
Turn L
Stepping
Back R, ¼
Turn L
Stepping L
To Side,
Cross R,
Side L,
Cross R
踏轉1/4, 左
交叉, 左
轉1/4右後
踏, 左轉1/4
左踏, 右交
叉交換

1-4

Step
forward on
left (1),
pivot ¼ turn
right (2),
cross left
over right
(3), make
¼ turn left
stepping
back on
right [9.00]
左足前踏,
右轉90度,
左足於右足
前交叉踏,
左轉90度右
足後踏(面
向9點鐘)

5-8

Make ¼
turn left
stepping
left to left
side (5),
cross right
over left
(6), step left
to left side
(7), cross
right over
left (8)
[9.00]
左轉90度左
足左踏, 右
足於左足前
交叉踏, 左
足左踏, 右
足於左足前
交叉踏(面
向9點鐘)

Styling:

On 5-8
swing arms
left (5),
swing arms
right (6),
swing arms
left (7),
swing arms
right (8)
5-8拍手部
動作, 雙手
擺左, 雙手
擺右, 雙手
擺左, 雙手
擺右,

第五段

**L Side
Rock, L
Cross
Shuffle, R
Side Rock
With ¼
Turn L,
Extended R
Shuffle 左
下沉, 左交
叉交換, 右
下沉帶左
轉1/4, 延伸
右交換**

1,2,3&4

Rock left to
left side (1),
recover
weight onto
right (2),
cross left
over right
(3), step
right to right
side (&),
cross left
over right
(4) [9.00]
左足左下沉,
右足回復,
左足於右足
前交叉踏,
右足右踏,
左足於右足
前交叉
踏(面向9點
鐘)

5-6

Rock right to right side (5), make $\frac{1}{4}$ turn left recovering weight onto left (6)

[6.00]

右足右下沉, 左轉90度左足回復(面向6點鐘)

7&8&

Step forward on right (7), step left next to right (&), step forward on right (8), step left next to right (&) [6.00]

右足前踏, 左足併踏, 右足前踏, 左足併踏

第六段

R Rock Forward, R Coaster Step, L Syncopated Jazz Box With $\frac{1}{4}$ Turn L. 右前下沉, 右海岸步, 左變奏爵士方塊帶左轉 $\frac{1}{4}$

1,2,3&4

Rock forward on right (1), recover weight onto left (2), step back on right (3), step left next to right (&), step forward on right (4)

[6.00]

右足前下沉, 左足回復, 右足後踏, 左足併踏, 右足前踏(面向6點鐘)

5-6

Cross left over right (5), make $\frac{1}{4}$ turn left stepping back on right (6)
[3.00] 左足於右足前交叉踏, 左轉90度右足後踏(面向3點鐘)

&7,8

Step left to left side (&), cross right over left (7), step left to left side (8)
[3.00] 左足左踏, 右足於左足前交叉踏, 左足左踏(3點鐘)

第七段

R Touch Forward, R Touch Side, Switch Touch L, Switch Touch R, R Kick, R Touch, R Hitch $\frac{1}{4}$ Turn, Step R
右前點, 右側點, 踏左點, 踏右點, 右踢, 右點, 右抬轉 $\frac{1}{4}$, 右踏

1-2

Touch right toe forward (1), touch right toe to right side (2), [3.00] 右足趾前點, 右足趾右點(面向3點鐘)

&3&4

Step right next to left (&), touch left toe to left side (3), step left next to right (&), touch right toe to right side (4) [3.00]
右足併踏, 左足趾左點, 左足併踏, 右足趾右點(面向3點鐘)

5-8

Kick right foot across left (5), touch right toe to right side (6), make ¼ turn right hitching right knee (7), step forward on right (8) [6.00]
右足於左足前交叉踢, 右足趾右點, 右轉90度右膝抬, 右足前踏(面向6點鐘)

第八段

L Toe Touch & Heel Jack X2, R Coaster Step, L Shuffle Forward.
左足趾點, 踏, 踵二次, 右海岸步, 左前交換

1&2

Touch left toe next to right (1), step back on left (&), touch right heel forward (2)
[6.00]
左足趾併點, 左足後踏, 右足踵前點(面向6點鐘)

&3&4

Step in place with right (&), touch left toe next to right (3), step back on left (&), touch right heel forward (4)
[6.00]
右足踏, 左足趾併點, 左足後踏, 右足踵前點(面向6點鐘)

5&6

Step back on right (5), step left next to right (&), step forward on right (6)
[6.00] 右足後踏, 左足併踏, 右足前踏(面向6點鐘)

7&8

Step forward on left (7), step right next to left (&), step forward on left (8)
[6.00] 左足前踏, 右足併踏, 左足前踏(面向6點鐘)
