

Sloop (JR)

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Jean Beets (DE) & Rens Koning - December 2014
音樂: Sloop John B. – Dwight Yoakam (cover: Beach Boys)



Sequence: BB – AA AA AA – BB – AA AA AA A*

Part B: 32 counts (Twice)

Walk 4 Forward, Syncopated Side Steps Right

1,2,3,4 Step forward RF-LF-RF-LF
5&6&7&8 step side RF, close LF, step side RF, close LF, step side RF, close LF, step side RF,

Walk 4 Back, Syncopated Side Steps Left

1,2,3,4 Step back LF-RF-LF-RF
5&6&7&8 step side LF, close RF, step side LF, close RF, step side LF close RF, step side LF,

¼ Turn L-Step R, Touch, ¼ Turn L-Step Forward Touch, ¼ Turn L-Step R, Touch, ¼ L-Step Forward Touch,

1,2 ¼ turn left- Step right to right side, touch left next to right (9:00)
3,4 ¼ turn left- Step left forward, touch right next to left (6:00)
5,6 ¼ turn left- Step right to right side, touch left next to right (3:00)
7,8 ¼ turn left- Step left forward, touch right next to left (12:00)

Rockin' Chair, Step Forward, Touch Behind, Hold, ½ Turn L

1,2 Rock forward right, recover on left
3,4 Rock back right, recover on left
5,6 step forward right, LF touch behind RF
7,8 hold, ½ turn l (weight to LF)

Part A: 32 counts (6 times)

Rock Back, Rock Side, Step Lock Step, Scissor Step, Tripple Turn,

1&2& RF rock back, recover on left, RF rock side, recover on left
3&4 RF step forward, LF lock behind RF, RF step forward
5&6 LF step left side, RF close next LF, LF cross RF
7&8 RF back ¼ turn left, 1/2 turn left LF forward, RF close to LF, (3/4 turn left)

Toe Heel Shuffle Diagonal, Toe Heel Shuffle Diagonal

1,2 LF toe-heel next to RF
3&4 LF step forward diagonal, RF close next to LF, LF step forward diagonal
5,6 RF toe-heel next to LF
7&8 RF step forward diagonal, LF close next to RF, RF step forward diagonal

Side Touch, Side Touch, Shuffle, Kick 2x, Coaster Step,

1&2& LF diagonal, RF touch beside left, RF diagonal, LF touch beside right
3&4 LF step forward, RF close left, LF step forward
5,6 RF Kick, Kick in front
7&8 RF step back, LF next to RF, RF step forward

Step Pivot ¼ Turn, Step Pivot ¼ Turn, Side-Behind-Side-Drag/Touch

1,2 LF forward, ¼ turn right
3,4 LF forward ¼ turn right
5&6&7,8 LF step side, RF behind, LF to left side, RF cross LF, LF step side, RF touch next to LF

Then:-

Part B 2x

Part A 7x

* In 7th sequence after 18th count , finish the dance with a chassé to the left with 1/4 turn left (12.00)

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