

Yalida

拍數: 96
編舞者: Zhuqing Yu (CN) - January 2015
音樂: YaLiDa by Top Combine

牆數: 4

級數: Phrased Intermediate



Intro: 32 counts

Sequence: A、 B、 B、 B、 C、 A16、 Tag1、 B、 B、 B、 C、 C、 Tag2、 B、 C、 C、 A、 End

A: 32count

A [1-8] Hitch, Flick, Swivel, Touch

- 1&2&3 Hitch R heel across left(1), Touch R to R side(&),Flick Right back out(2), Touch R to R side(&),Hitch R heel across left(3)
- 4&5 Swivel L heel in while point R to R side(4), Swivel L toe in hitching R Slightly(&) , Swivel L heel in while point R to R side(5)
- 6-7-8 Touch R forward (6), Touch R back(7), Step R beside L

A [9-16] Hitch, Flick, Swivel, Touch

- 1&2&3 Hitch L heel across right(1), Touch L to L side(&),Flick left back out(2), Hitch L heel across right(3)
- 4&5 Swivel R heel in while Touch L to L side(4), Swivel R toe in hitching L Slightly(&) , Swivel R heel in while Touch L to L side(5)
- 6-7-8 Touch L forward(6), Touch R back(7), Step L beside R

A [17-24] Hitch, Flick, Swivel, Touch

- 1&2&3 Hitch R heel across left(1), Touch R to R side(&),Flick Right back out(2), Touch R to R side(&),Hitch R heel across left(3)
- 4&5 Swivel L heel in while Touch R to R side(4), Swivel L toe in hitching R Slightly(&) , Swivel L heel in while Touch R to R side(5)
- 6-7-8 Touch R forward (6), Touch R back(7), Step R beside L

A [25-32] Hitch, Flick, Swivel, Touch

- 1&2&3 Hitch L heel across right(1), Touch L to L side(&),Flick left back out(2) , Hitch L heel across right(3)
- 4&5 Swivel R heel in while Touch L to L side(4), Swivel R toe in hitching L Slightly(&) , Swivel R heel in while Touch L to L side(5)
- 6-7-8 Touch L forward(6), Touch R back(7), Step L beside R

B: 32 count

B (1-8)Tick ball change, Touch, Hook, Samba step,1/4 turn R

- 1-2 Walk R(1),L(2)
- 3&4 Kick R forward(3),Step R beside L(&), Touch L to L side(4)
- 5-6 Step L forward(5), Hook R leg across L diagonally left(6)
- 7&8 Cross R over L(7), Step L to L side(&), 1/4 turn R stepping R to R side(8) (3:00)

B (9-16) Pivot 1/4 turn R, shuffle ,Pivot 1/2 turn L, walk forward

- 1-2 Step L forward 1/4 turning L(1), Recover on to R(2) (6:00)
- 3&4 Cross L over R(3), Step L behind R(&), Step L diagonally R(4)
- 5-6 Step R forward(5), Pivot 1/2 turn L(6) (12:00)
- 7-8 Walk R(7), L(8)

B (17-25) R diagonally forward, Cross, L chasse,1/4 turn L

- 1-2 Step R diagonally forward(1), Step L behind R(2)
- 3-4 Step R diagonally forward(3), Step L behind R(4)

5-6-7 Step R diagonally forward(5), Cross L over R(6), Recover on to R back(7)
8&1 Step L to L side(8), Step R beside L(&), 1/4 turn L stepping L forward(1) (9:00)

B (26-32) Pivot 1/4 turn L, Cross, Unwind full 3/4 turn R

2-3 Step R forward(2), pivot 1/4 turn L (3) (6:00)
4-5 Cross R over L(4), Step L to L side(5)
6-7-8 Cross R behind L(6), Recover on to L(7), Unwind full 3/4 turn R (8) (3:00)

Notice: When you will finish part B continue next part, then the last count (8) will change to Unwind full 1/2 turn R.

C: 32 count

C (1-8) Step out, Touch, Bump hips

1-2 Step R out(1), Step L out(2)
3&4 Step R to R side(3), Step L beside R(&), Step R to R side(4)
5&6& Touch L to L side and bump hips to L(5), Bump hips to R(&), bump hips to L(6), Bump hips to R(&)
7-8 Bump hips to L(7), Recover on to R(8)
(Notice : 5&6&7&8 You can bump hips top to down)

C (9-16) Step out, Touch, Bump hips

1-2 Step L out(1), Step R out(2)
3&4 Step L to L side(3), Step R beside L(&), Step L to L side(4)
5&6& Touch R to R side and bump hips to R(5), Bump hips to L(&), bump hips to R(6), Bump hips to L(&)
7-8 Bump hips to L(7), Recover on to R(8)
(Notice : 5&6&7&8 You can bump hips top to down)

C (17-24) Touch, Tap R diagonally, Bump hips

1-2 Recover on to R(1), Step L touch beside R(2)
3-4 Step L to L side(3), Step R touch beside L(4)
5&6& Tap Right foot diagonally right while bump hips diagonally(5), Tap right foot next to left(&), Tap Right foot diagonally right while bump hips diagonally(6), Tap right foot next to left(&)
7-8 Step R diagonally forward(7), Step L beside R(8)

C (26-32) Touch, Tap R diagonally, Bump hips

1-2 Step L to L(1), Step R touch beside L(2)
3-4 Step R to R side(3), Step L touch beside R(4)
5&6& Tap left foot diagonally left while bump hips diagonally(5), Tap left foot next to left(&), Tap left foot diagonally left while bump hips diagonally(6), Tap left foot next to right(&)
7-8 Step L diagonally forward(7), Step R beside L(8)

End: 8 count

1-2 Step R forward (1) , Hold(2)
3-4 Pivot 1/2 turn L (3), Recover on to L(4)
5-6 Step R forward (5) , Hold(6)
7-8 Pivot 1/2 turn L (7), Recover on to L(8)

Tag1(4 count): clench R fist to chest (The palm faces down)and pull out(1), clench L fist to chest (The palm faces to right) ,fists pull out(3),put down hands(4)

Tag 2(4 count): Rock chair

1-2-3-4 Rock R forward, Recover on to L, Rock R back, Recover on to L

Restarts: -

R1. In part B, On wall 3,6,7, 31-32 only do 1/2 turn.

(When you will finish part B continue next part, then the last count (8) will change to Unwind full 1/2 turn R)

R2. In part B, finish wall 3, add tag 1.

R3. In part C, finish wall 3,add tag 2.

Contact : 929941005@qq.com
