

Hey Now

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Steve Rutter (UK) - January 2015
音樂: Something I Need - Ben Haenow : (Single - iTunes)



11 Count Intro' – Beginning on the word NIGHT – “I Had A Dream The Other Night”).

Alternative Music: “Something I Need” by One Republic from “Native” album.

Section 1 – Cross, Side Rock, Samba Step, Cross, ¼ Turn Right.

- 1 Cross right over left.
- 2-3 Rock left to left side, recover weight on right.
- 4&5 Cross left over right, step right to right side (taking weight), replace weight onto left.
- 6-7 Cross right over left, make a quarter turn right stepping back on left. (3 O'clock)

Section 2 – Shuffle ½ Turn Right, Cross, ¼ Turn Left, Shuffle ½ Turn Left, Forward Rock.

- 8&1 Make a half turn right stepping on right, left, right
- 2-3 Cross left over right, make a quarter turn left stepping back on right.
- 4&5 Make a half turn left stepping on left, right, left.
- 6-7 Rock forward on right, recover weight onto left. (12 O'clock)

Section 3 –Lock Step Back, Full Turn Left With Toe Touch, Samba Step, Cross, Side Rock, Forward Rock.

- 8&1 Step back on right, lock left in front of right, step back on right.
- 2-3 Make a half turn left stepping forward on left, then a further half turn left touching right toe to right side.

Option: □ This half turn with the toe touch to side (Count 3) can be done with a sweep if preferred.

- 4&5 Cross right over left, step left to left side (taking weight), replace weight onto right.
- 6 Cross left over right.
- 7& Rock right to right side, recover weight onto left.
- 8& Rock forward on right, recover weight onto left. (12 O'clock)

Section 4 –Monterey ½ Turn Right, Modified Sailor Step With ¼ Turn Left, Side Rock, ¼ Turn Left, ¾ Turn Left.

- 1-3 Touch right toe to right side, Make a half turn right bringing right beside left, touch left toe to left side.
- 4&5 Cross left behind right, make a quarter turn left stepping right beside left, cross left over right.
- 6-7 Rock right to right side, make a quarter turn left as you recover weight onto left.
- 8& Make a half turn left stepping back on right, Make a quarter turn left stepping left to left side (3 O'clock)

Tag – Danced At The End Of Wall 2 (facing 6 o'clock) and Wall 5 (facing 3 o'clock) (8 Counts) – Cross, Side Rock, Cross, Side Step, Hold, Ball-Cross, Hold, Side Step.

- 1 Cross right over left.
- 2-3 Rock left to left side, recover weight onto right.
- 4 Cross left over right.
- 5-6 Step right to right side, Hold.
- &7 Close left beside right, Cross right over left.
- 8 Hold.
- & Step left to left side.

Enjoy!

Note: For A Beginner Floorsplit Try: “Blue Night Cha” (Kim Ray) or “County Line Cha Cha” (Unknown).

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