

Little Girl From Ipanema EZ

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: New Beginner
編舞者: Annemaree Sleeth (AUS) - January 2015
音樂: The Girl From Ipanema - Astrud Gilberto



Or: Lets Get Loud by Jennifer Lopez or any cha cha music

Section 1 [1 – 8] FORWARD ROCK, CHA CHA BACK, BACK ROCK CHA CHA FORWARD

1-2 3&4 Rock L forward, recover R , step L back, bring R beside L, step L back
5-6 7&8 Rock R back, recover L, step R forward, bring L beside R, step R forward

Section 2 [9 – 16] FORWARD ROCK, CHA CHA BACK, BACK ROCK, CHA CHA FORWARD

1 -2 3&4 Rock L forward, recover R, step L back, bring R beside L, step back L
5-6 7&8 Rock R back, recover L, step R forward, bring L beside R, step R forward

Section 3 [17 – 24] CROSS ROCK, SIDE-ROCK-CROSS, SIDE, BEHIND, TOUCH

1-4 Cross Lo/R , recover R, step L side, recover R
5-8 Cross Lo/R, step R side, cross L behind R, touch L side
(click fingers above head of count 8)

Section 4 [25 – 32] CROSS ROCK, SIDE ROCK, CROSS, SIDE, BEHIND, TOUCH

1-4 Cross Ro/L, recover L, step R side, recover L
5-8 Cross Ro/L, step L side, cross R behind, touch L side
(click fingers above head of count 8)

To make it a 4 wall dance change last 4 counts of section4

5-8 Cross Ro/L, ¼ R step L back , step R side, touch L side 3.00 wall
(click fingers above head of count 8)

Option : Finish to face the front with step forward ¼ pivot cross shuffle, Side, Recover Cross Shuffle

No Tags Or Restarts
