

Legend of The Snake

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Juilin Chen (TW) & Irene Deng (TW) - December 2014
音樂: The Last Emperor (Main Title Theme) - David Byrne : (iTunes)



Intro : 40 Count From The Start of The Track (Approx. 27 Seconds Into Track)

Section 1 [1 - 8] Step R, Hold, Cross, Recover

1-2 Step R to right side(1), Hold (2)

Hands : (Left Hand Behind the Body, Palm Toward Outside) Right Palm Down, Then Right Hand Sweep from Right Side to Front of the Body,

3 - 4 Cross L behind R(3), recover on R(4)

Hands : To Right Side (And Right Palms Up).

5 - 6 Step L to left side (5) , Hold(6)

Hands : Wrists From Outside Moving In and Then Up (Turning Twice).

7 - 8 Cross R behind L(7), recover on L (8) (12:00)

Hands : Hands Upwards Softly.

Section 2 [9 - 16] : 1/4 Right, Rocking chair, Sway L, Sway R (3:00)

1 - 2 Turning 1/4 Right Step R Forward (1) , recover on L (2)

Hands : Toward Right.

3 - 4 Step R backward(3) recover on L(4)

Hands : Toward Left.

5 - 6 Step R to right side , Sway Body to right (5) Hold(6)

Hands : Left Hand Put Front of Chest, Elbow and Shoulder at the same Level (Right Shoulder High, Left Shoulder Low)

7 - 8 Step L to left side , Sway Body to left (7) Hold (8)

Hands : Right Hand Put Front of Chest, Elbow and Shoulder at the same Level (Left Shoulder High, Right Shoulder Low)

Section 3 [17 - 24]: Turn 1/4 Right , Lock Step , Unwind 1/2 turn left

1 - 2 Turning 1/4 right , Step L forward , Step R behind L (6:00)

Hands : From 06: 00 Turn Counterclockwise .

3 - 4 Step L forward , Step R behind L

Hands : From 12 : 00 Turn Counterclockwise .

5 - 8 Cross R over L(5) , Slow unwind 1/2 turn left (12:00)

Hands : From 06 : 00 Turn Clockwise, Then From 12 : 00 Turn Clockwise.

Section 4 [25 - 32]: Cross, Side, Unwind 1/2 turn left, Crossx2

1 - 2 Cross L over R (1)、 Step R to right side(2)

Hands : Horizontal (Both Toward Right Side).

3 - 4 Step L behind R(3)、 Unwind 1/2 turn left(4)(6:00)

Hands : Put Hands on The Shoulders When Turning Your Body, After Turning the Palms Then the Palms Toward Outside (With Palms Up).

5 - 6 Cross R over L(5)、 Hold(6)

7 - 8 Cross L over R(7)、 Hold(8)

Hands : (5-8) Palms Down, Raising Up to Chest (Slowly) , Turning Palms Up. Then Hands Toward Outside.

Dance Finish: After Count 24 of wall 10 Do the Full turn- facing "Home"

Have fun!!! Happy Dance

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