

# Night Changes

拍數: 32                      牆數: 4                      級數: Beginner / Improver  
編舞者: Nathan Gardiner (SCO) - December 2014  
音樂: Night Changes - One Direction



**Intro: 16 counts start on vocals**

**SIDE, TOGETHER, FORWARD, TOUCH, SIDE, TOGETHER, BACK, TOUCH**

1-2                      Step right to right side, Step left next to right  
3-4                      Step forward on right, Touch left next to right  
5-6                      Step left to left side, Step right next to left  
7-8                      Step back on left, Touch right next to left

**REVERSE ROCKING CHAIR, COASTER STEP, TOUCH**

1-2                      Rock back on right, Recover on left  
3-4                      Rock forward on right, Recover on left  
5-6                      Step back on right, Step left next to right  
7-8                      Step forward on right, Touch left next to right

**SIDE, TOGETHER, FORWARD, TOUCH, SIDE, TOGETHER, BACK, TOUCH**

1-2                      Step left to left side, Step right next to left  
3-4                      Step forward on left, Touch right next to left  
5-6                      Step right to right side, Step left next to right  
7-8                      Step back on right, Touch left next to right

**REVERSE ROCKING CHAIR, TURN 1/4 LEFT, TOUCH, POINT, TOUCH**

1-2                      Rock back on left, Recover on right  
3-4                      Rock forward on left, Recover on right  
5-6                      Turn 1/4 left stepping left to left side, Touch right next to left  
7-8                      Point right toes out to right side, Touch right next to left

**Restart 1: On wall 5 dance up to count 16 instead on touching step forward on left then Restart the dance**  
**Restart 2: On wall 11 dance up to count 28 instead of recovering on right touch right next to left then Restart the dance**

**Start Again.....Happy Dancing**

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**