Live a Dashing Life



拍數: 48 牆數: 4 級數: Elementary

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S1: Fwd Walk

1 2 3 4 RF Fwd, LF Fwd, RF Fwd, LF Fwd (with both hands up R/L/R/L) 5 6 7 8 RF Fwd, LF Fwd, RF Fwd, LF Fwd (with both hands up R/L/R/L)

S2: Cross Hand

Weight on RF (Hands make a cross) x 2, Weight on LF (Hands make a cross) x 2 Weight on RF (Hands make a cross) x 2, Weight on LF (Hands make a cross) x 2

S3: 3 Steps Turn

1 2 3 4 3 Steps Turn to the R, LF point with hand clap 5 6 7 8 3 Steps Turn to the L, RF point with hand clap

S4: Side Steps

1 2 3 4 RF Side Step to R, LF close to RF, RF Side Step to R, LF point LF Side Step to L, RF close to LF, LF Side Step to L, RF point

S5: Rock / Steps

1 2 3 4 RF Across LF, Transfer weight to LF, RF Close to LF, LF Step (with 1/8 turn to L)
5 6 7 8 RF Across LF, Transfer weight to LF, RF Close to LF, LF Step (complete 1/4 turn to L)

S6: Toe Tap / Step

1 2 3 4 RF Toe Tap, RF Step, LF Toe Tap, LF Step (with Hair brushes) 5 6 7 8 RF Toe Tap, RF Step, LF Toe Tap, LF Step (with Hair brushes)

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