

You Raise Me Up Waltz

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 1 級數: Low Intermediate waltz
編舞者: Karen Tripp (CAN) - December 2014
音樂: You Raise Me Up - Susann Taylor : (Album: Ballroom Perfection - Casa Musica online)



Ending: □ Dance ends after 48 counts facing 12:00

Wait 4 measures (12 counts), left lead

TWINKLE ¼ LEFT; SYNCOPATED WEAVE 4 (9:00)

1-2-3 Cross left over right as you start turning the body left ¼, step side right, close left to right (9:00)
4-5&6 Cross right over left, step side left, step right behind left, step side left

CROSS LUNGE, RECOVER, SIDE; CROSS LUNGE, RECOVER, SLOW SWEEP

7-8-9 Cross right over left bending both knees slightly, recover to left, step side right
10-11-12 Cross left over right bending both knees slightly, recover to right, sweep left foot from front towards back over 2 counts(no wt)

SAILOR ¼ LEFT; FORWARD, LOCK, FORWARD (6:00)

13-14-15 Continuing the sweep, step left behind right as you turn ¼ left, step on right squaring up to 6:00, step slightly forward left
16-17-18 Step forward right, lock left behind right, step forward right

FORWARD COASTER STEP; BACK COASTER STEP

19-20-21 Step forward left, close right to left, step back on left
22-23-24 Step back on right, close left to right, step forward on right

FORWARD WALTZ; BACK, ½ TURN LEFT (12:00)

25-26-27 Step forward left, close right to left, step slightly forward left
28-29-30 Step right foot back turning toe in to prep for turn, turn ½ left and step forward left, step forward right

FORWARD, TAP TWICE; BACK, SLOW SWEEP

31-32-33 Step left forward, tap right toe diagonally right twice
34-35-36 Step back on right, sweep left toe from front towards back over 2 counts

BACK WEAVE 3, SIDE DRAW RIGHT WITH TOUCH

37-38-39 Step left behind right, step side right, cross left over right
40-41-42 Big side step right, drag left toe next to right over 2 counts

LEFT FULL TURN ROLL IN 3, RIGHT TWINKLE (12:00)

43-44-45 Turn ¼ left and step left, turn ½ left and step back on right, turn ¼ left and step side left
46-47-48 Cross right over left, step side on left angling body slightly to right, close right to left

ENDING: Step left in front of right and slightly bend both knees, as you slowly bring arms out to sides.
