Nite Club Dance For Only You*

拍數: 32

牆數:4

編舞者: Judee Curtis - April 2014

音樂: "Only You" by Sarah Brightman

All Number 1's are R foot.

Favorite: "Seven Days" by Mark Medlock.

Favorite faster tempo: "Help Me Make It Through the Night" by Die Campbells.

The dance is syncopated to the count of Nite Club Tempo songs in Sections 1, 2, 4

Right foot = R Left foot = L

NITE CLUB STEP

- 1, 2& Right side R, Rock back L, Recover R
- 3, 4& Left side L, Rock back R, Recover L
- 5, 6& Right side R, Rock back L, Recover R
- 7, 8& Left side L, Rock back R, Recover L

STEP, LOCK, STEPS (DOROTHY STEPS)

- 1, 2& Step R, Step on ball L slightly behind R, Step R
- 3, 4& Step L, Step on ball R slightly behind L, Step L
- 5, 6& Step R, Step on ball L slightly behind R, Step R
- 7, 8& Step L, Step on ball R slightly behind L, Step L

STEP TOUCHES ½ LEFT

1 – 8 Step R, Touch L, Step L, Touch R, Step R, Touch L, Step L, Touch R

NOTE: Make a slight arch to your ½ left timing yourself to be on the ½ left wall on 7, touch 8

CROSS, SIDE ROCK, RECOVERS 3X FORWARD, STEP, SWEEP ¹/₄ LEFT TOUCH (Also the words for: Twinkle and Samba patterns)

- 1, 2& Cross R, Side left rock L, Recover R
- 3, 4& Cross L, Side right rock R, Recover L
- 5, 6& Cross R, Side left rock L, Recover R

NOTE: These Cross, Rock, Recovers go forward

- 7 Step L
- 8 Sweep R ¼ left keeping R toes on the floor and weight on L
- NOTE: The momentum of your sweep will take you ¼ left

EOD = End of Dance. Our favorite 3 words besides "We Love Dancing".

*REWRITTEN 12/4/14 in better words for understanding the directions. Jlc

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