

# Number One

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Bambang Satiyawan (INA) - November 2014  
音樂: The Tide Is High - Atomic Kitten



## I. SIDE-BACK ROCK RECOVER-LOCK SHUFFLE-PIVOT-LOCK SHUFFLE

1 – 2 – 3      Step L to side, Rock R back, Recover on L  
4 & 5      Step R forward, Lock L behind R, Step R forward  
6 – 7      Step L forward, Turn ½ right step R in place  
8 & 1      Step L forward, Lock R behind L, Step L forward

## II. SIDE ROCK RECOVER-BEHIND-TURN FORWARD STEP-ROCK RECOVER-BACK ROCK RECOVER-FORWARD STEP

2 – 3      Rock R to side, Recover on L  
4 & 5      Step R cross behind L, Turn ¼ left step L forward, Rock R forward  
6 – 7      Recover on L, Step R back  
8 & 1      Rock L back, Recover on R, Step L forward

Restart here on wall 4 , 7 (change L forward to be Step L to side)

## III. SIDE-CLOSE-CHASSE TURN-PIVOT-CROSS SHUFFLE

2 – 3      Step R to side, Close L beside R  
4 & 5      Step R to side, Close L beside R, Turn ¼ right step R forward  
6 – 7      Step L forward, Turn ¼ right step R in place  
8 & 1      Cross L over R, Step L to side, Cross R over L

## IV. SWAY-CHASSE TURN-PIVOT-CHASSE

2 – 3      Sway hip right – left  
4 & 5      Step R to side, Close L beside R, Turn ¼ right step R forward  
6 – 7      Step L forward, Turn ½ right step R in place  
8 &      Turn ¼ right step L to side, Close R beside L

Tag after wall 8:

1 – 4      Sway left, right, left, right

Enjoy the dance...

Contact ☐: bambang.1709@gmail.com