

Long Way To Go

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Jeff Thomas (UK) - December 2014
音樂: Long Way To Go - Alan Jackson : (Album: Thirty miles west)



Section 1: STEP FORWARD,RECOVER,1/2 TURN SHUFFLE,STEP 1/2 TURN,STEP 1/4 TURN

1 - 2 step left forward then recover
3 & 4 turning 1/2 left step left forward right together left forward
5 - 6 step right forward turn 1/2 left
7 - 8 step right forward then 1/4 turn left

Section 2: RIGHT FORWARD RUMBA BOX WITH A KICK

1 - 2 step right then left together
3 - 4 step right forward touch left
5 - 6 step left step right together
7 - 8 step left back kick right

Section 3: STEP RIGHT BACK,POINT LEFT TOE BACK & CLAP,FORWARD KICK & CLAP,JAZZ BOX CROSS

1 - 2 step right back step left back & point left toe and clap
3 - 4 step left forward kick & clap
5 - 6 cross cross right over left step left back
7 - 8 step right to the right cross left over right

Section 4: RIGHT SHUFFLE,LEFT ROCK RECOVER,LEFT SHUFFLE,RIGHT ROCK RECOVER

1 & 2 step right to right left together right to right
3 - 4 step left back recover
5 & 6 step left to left right together left to left
7 - 8 step right back recover

Section 5: STEP HALF TURN,STEP HALF TURN SHUFFLE,BACK RECOVER,SHUFFLE FORWARDS

1 - 2 step right forward then turn 1/2 turn left stepping left back
3 & 4 step 1/2 turn left stepping right back left together step right back
5 - 6 step left back then recover
*** RESTART HERE ON 5th WALL ***
7 & 8 step left forward right together left forward

Section 6: RIGHT OVER LEFT,LEFT TO SIDE,1/4 SAILOR STEP,STEP TOUCH 1/4 TURN,STEP TOUCH 1/4 TURN

1 - 2 cross right over left step left to side
3 & 4 turning 1/4 right step right back left together right forward
5 - 6 turning 1/4 right step left to left side touch right
7 - 8 turning 1/4 right step right to right touch left together

Section 7: STEP 1/4 TURN,STEP HALF TURN,STEP HALF TURN SHUFFLE,STEP HALF TURN,SHUFFLE

1 - 2 turning 1/4 left step left forward then turn 1/2 left stepping right back
3 & 4 turning 1/2 left step left forward right together left forward
5 - 6 step right forward turn 1/2 left
7 & 8 step right forward then left together then right step forward

Section 8: ROCKING CHAIR,JAZZ BOX

1 - 2 rock left forward then recover
3 - 4 rock left back then recover

*** RESTART HERE ON 2nd WALL ***

5 - 6 cross left over right step right to side

7 - 8 step left to side then step right forward

***1st Restart - On wall 2 dance the 1st 60 steps then restart (6.00)**

****2nd Restart - On wall 5 dance the 1st 38 steps then restart (3.00)**

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Last Update – 22nd Dec 2014
