

Shock Me In To Love

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Janice Chin (MY) - October 2014
音樂: Shock Me Into Love - Lenka



Dance starts after 32 counts

Section 1 : Step Together Step Touch to Right then Left

1234 Step RF to side, Step LF together, Step RF to side, Touch LF beside RF
5678 Step LF to side, Step RF together Step LF to side, Touch RF beside LF

Section 2 : Jump Forward, Jump Back, Out Out In In

&12 Ball Step Forward on RF (&), Step LF forward apart (1), Hold (2)
&34 Ball Step RF back (&), Step LF together (3), Hold (4)
56 Step RF diagonally forward to R, Step LF to side
78 Step RF back, Step LF together

Section 3 : Grapevine to Right then Left, end with Heel Touch

1234 Step RF to side, Step LF behind RF, Step RF to side, Touch L heel to side
5678 Step LF to side, Step RF behind LF, Step LF to side, Touch R heel to side

Section 4 : Step Touch

12 Step RF forward, Touch LF beside RF
34 Step LF back, Touch RF beside LF
56 Turn ¼ R & Step RF forward, Touch LF beside RF
78 Turn ¼ L & Step LF to side, Touch RF beside LF

RESTART

At Wall 4 (9:00), dance for 16 (2x8) counts and restart dance

TAG (4x8)

At Wall 9 (9:00), do the following tag and start dance at 12:00 Wall

1234 Step RF to side and sit on hip bump for 4 counts
(Hand Movement : Point R hand moving from L to R)
5678 Shift weight to LF and sit on hip bump for 4 counts
(Hand movement : Point L hand moving from R to L)

1234 Turn ¼ R & Step RF to side and hold over 2 counts, Touch LF beside RF (3), Hold (4)
(12:00)
5678 Shift weight to LF and hold over 2 counts, Touch RF beside LF (7), Hold (8)
(Hand Movement : Freestyle)

12 Turn ¼ R & Step RF forward, Hold (3:00)
34 Turn ¼ R & Step LF forward, Hold (6:00)
56 Repeat Step 1,2 (9:00)
78 Repeat Step 3,4 (12:00)

1234 Step RF forward (1), Hold (2), Turn ½ L weight on LF (3), Hold (4) (6:00)
5678 Repeat above steps (12:00)

Contact: Submitted by – Nicky Tan - nickyitty@gmail.com

