

Ghetto Romance (施捨浪漫) (zh)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Paul McAdam (UK) - 2009年10月
音樂: Ghetto Romance - Damage : (4:06)



前奏 : pan lang=EN-US style='font-family:DFKai-SB'>Count in: 32 counts from start of beat, approximately 21 seconds

- 第一段** **Out-Out Ball Cross, Side-Rock-Cross, ½ Turn & A Lean Kick, ¼ Turn, ¾ Turn, Cross Rock**
外-外 併 交叉, 下沉 回復 交叉, 1/2轉踢, 1/4, 3/4, 交叉下沉
- &1&2 Step left foot out to left side, step right foot out to right side, step back on ball of left foot, cross right foot over
左足左踏, 右足右踏, 左足後踏, 右足於左足前交叉踏
- 3&4 Left side-rock-cross 左足左下沉, 右足回復, 左足於右足前交叉踏
- & Make a ¼ turn left and step back on right foot
左轉90度右足後踏
- a5 Make a ¼ turn left and step left foot to left side, bend left knee slightly and lift right foot off the floor pointing right toe to right side 左轉90度左足左踏, 左膝略彎右足抬起右足趾右點
- 6 Make a ¼ turn right and step down on right foot
右轉90度右足踏
- 7&8 Make a ½ turn right and step back on left, make a ¼ turn right and step right foot to right side, cross rock left foot over right
右轉180度左足後踏, 右轉90度右足右踏, 左足於右足前交叉下沉
- & Recover weight onto right foot 右足回復
- 第二段** **Side Touch, Ball Step, Walk, Left Shuffle, Rocking Chair**
側 點, 併 踏, 走, 交換步, 搖椅步
- 1,2 Step left foot a big step to left side, touch right toe next to left
左足左一大步, 右足趾併點
- &3 Step back on ball of right foot, recover weight onto left
右足後踏, 左足回復
- 4 Walk forward on right foot 右足前走
- 5&6 Left shuffle forward 左足前交換步
- 7&8& Rock forward on right, recover on left, rock back on right, recover on left 右足前下沉, 左足回復, 右足後下沉, 左足回復
- 第三段** **½ Turn Sweep, Behind-Side-Cross, Back-Side, Cross, Walk, Rock & A Rock & a 1/2, 後旁前交叉,**
後-旁, 交叉, 走, 下沉
- 1 Make a ½ turn left and step back on right foot sweeping left foot back 左轉180度右足後踏左足繞至後
- 2&3 Cross left foot behind right, step right foot to right side, cross left over right 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- 4&5 Recover weight back onto right, step left foot to left side, cross right foot over left 右足回復, 左足左踏, 右足於左足前交叉踏
- 6 Walk left foot forward 左足前走
- &7&8& Touch right toe next to left foot, step right foot to right diagonal, touch left toe next to right foot, step left foot to left diagonal, touch right toe next to left
右足併點, 右足右斜角前踏, 左足趾併點, 左足左斜角前踏, 右足併點

第四段 Walks X2, Step ½ Turn Step, Kick Ball Cross, Strut Left, Right
走步二次, 踏轉, 踢併交叉, 昂首步

- 1,2 Walk forward right, left 右足前走, 左足前走
- 3&4 Step forward on right foot, pivot ½ turn left, step forward on right foot 右足前踏, 左軸轉180度, 右足前踏
- 5&6 Kick left foot forward, step ball of left foot next to right, cross right foot over left 左足前踢, 左足併踏, 右足於左足前交叉踏
- &7 Step left foot to left side, step right foot next to left 左足左踏, 右足併踏
- &8 Step left foot to left side, step right foot next to left 左足左踏, 右足併踏
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