

Catalan Up

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Sandrine Tassinari, Magali Leburn & The Southern Gang - August 2011
音樂: Me and the Boys - Kevin Fowler



SECTION-1: GRAPEVINE, SCUFF, JUMPING CROSS, HOOK

- 1-2 . Step right to side - Cross left behind right
- 3-4 . Step right to side - Scuff left forward
- 5-6 . (Jumping) Cross left over right and hook right behind left - Recover on right and kick left foot forward diagonally to the right
- 7-8 . (Jumping backwards) Recover on left and kick right forward - Hook right over left

SECTION-2: STEP, HOOK & SLAP, STEP BACK, HOOK, ROCK STEP, STOMP, KICK

- 1-2 . Step forward on right - Hook left behind right knee and slap with right hand
- 3-4 . Step back on left - Hook right in front of left
- 5-6 . Rock right to right side - Recover weight on left
- 7-8 . Stomp up right - Kick right diagonally left

SECTION-3: JAZZ BOX, SCUFF, GRAPEVINE, STOMP

- 1-2 . Cross right over left - Step back on left
- 3-4 . Step right to side - Scuff left forward
- 5-6 . Step left to left side - Cross right behind left
- 7-8 . Step left to left side - Stomp up right next to left

SECTION-4 :ROCK BACK JUMP, STOMP, MONTEREY 1 / 4, SCUFF

- 1-2 . (Jumping) Jump back on right and kick left forward - Recover on left and flick right
- 3-4 . Stomp up right – Point right toe to right side
- 5-6 . Step right next to left making 1/4 turn right – Point left toe to left side
- 7-8 . Step left next to right - Scuff right forward

**Ending: The dance ends at the end of the section-4, but to finish the public change step 7-8:
Step left next to right making 1/4 turn left - stomp right foot next to left.**

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