

One & Fifty

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Partyfor2 (ES) - May 2014
音樂: I'm Ragged But I'm Right - Blaine Gray



Intro: 16 counts

STEPS FORWARD (RIGHT-LEFT-RIGHT-LEFT), SHUFFLE BACK RIGHT, ROCK BACK LEFT, ¼ LEFT TURN RECOVER

1-4 Step right forward, step left forward, step right forward, step left forward
5&6 Chassé back right-left-right
7-8 Step left back, turn ¼ left (weight to right) (9:00)

STEPS FORWARD (LEFT-RIGHT-LEFT-RIGHT), SHUFFLE BACK LEFT, ROCK BACK RIGHT, RECOVER

1-2 Step left forward, step right forward, step left forward, step right forward
5&6 Chassé back left-right-left
7-8 Rock right back, recover to left

STEP TURN ½ LEFT, HEEL SWITCHES (RIGHT-LEFT), STEP TURN ½ LEFT, KICK BALL CHANGE RIGHT

1-2 Step right forward, turn ½ left (weight to left) (3:00)
3&4& Touch right heel forward, step right together, touch left heel forward, step left together
5-6 Step right forward, turn ½ left (weight to left) (9:00)
7&8 Right kick ball change

ROCK FORWARD RIGHT, RECOVER, SHUFFLE TURN ½ RIGHT, ROCK FORWARD LEFT, RECOVER, SHUFFLE ¾ TURN LEFT

1-2 Rock right forward, recover to left
3&4 Chassé back right-left-right turning ½ right (3:00)
5-6 Rock left forward, recover to right
7&8 Chassé back left-right-left turning ¾ left (6:00)

REPEAT
