

# Go Guetta (加油 . 庫塔) (zh)

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Paul McAdam (UK) - 2010年07月  
音樂: Commander (feat. David Guetta) - Kelly Rowlands



前奏 : Count in: Start 32 Counts into track

## 第一段 Side, Jazz Box, ¼ Side Behind X2 左踏, 三步爵士方塊右1/4, 左 後共二次

- 1-4 Step Left Foot To Left Side, Cross Right Foot Over Left, Step Back On Left Foot, Make A ¼ Turn Right And Step Forward On Right Foot  
左足左踏, 右足於左足前交叉踏, 左足後踏, 右轉90度右足前踏
- 5-8 Step Left Foot To Left Side, Cross Right Foot Behind Left, Step Left Foot To Left Side, Cross Right Foot Behind Left  
左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足後交叉踏

## 第二段 Side Rock, Cross Shuffle, ½ Turn Right Shuffle 左下沉 回復, 交叉交換, 左1/4 1/4, 前交換

- 1,2 Rock Left Foot To Left Side, Recover On Right  
左足左下沉, 右足回復
- 3&4 Left Cross Shuffle 左交叉交換
- 5,6 Make A ¼ Turn Left And Step Back On Right Foot, Make A ¼ Turn Left And Step Left Foot To Left Side  
左轉90度右足後踏, 左轉90度左足左踏
- 7&8 Right Shuffle Forward 前交換-右, 左, 右

## 第三段 Press-Slide, ½ Turn, Together, Twist ½ Turn, Side, Behind-Side-Cross 壓-滑, 右轉, 併, 右旋轉, 左踏, 後 旁 前

- 1,2 Press Ball Of Left Foot Slightly Forward Of Right Foot, Push Left Heel Down As You Slide Right Toe Back (Weight Stays On Left)  
左足略於右足前壓踏, 左足踵後踏右足趾後滑(重心在左足)
- 3,4 Pivot A ½ Turn Right (Keeping Weight On Left Foot And Leave Right Toe Pointing Forward), Bring Right Foot Next To Left (Take Weight Back On Both Heels)  
右轉180度(重心在左足, 右足趾前點), 右足併踏(重心在雙足踵)
- 5,6 Swivel A ½ Turn Right (Weight Ends Up On Right Foot), Step Left Foot To Left Side 右旋轉180度(結束在右足), 左足左踏
- 7&8 Cross Right Foot Behind Left, Step Left Foot To Left Side, Cross Right Foot Over Left 右足於左足後交叉踏, 左足左踏, 右足於左足交叉踏

## 第四段 Hip Bumps, Rolling Vine, Touch 推臀, 轉華倫, 併點

- 1,2 Step Left Foot To Left Side And Bump Left Hip Twice  
左足左踏左推臀二次
- 3,4 Bump Right Hip To Right Side, Bump Left Hip To Left Side  
右推臀, 左推臀
- 5,6 Make A ¼ Turn Right And Step Right Foot Forward, Make A ½ Turn Right And Step Left Foot Back  
右轉90度右足前踏, 右轉180度左足後踏
- 7,8 Make A ¼ Turn Right And Step Right Foot To Right Side, Touch Left Toe Next To Right 右轉90度右足右踏, 左足趾併點

