

Hey Sister

拍數: 32 牆數: 2 級數: Beginner
編舞者: Partyfor2 (ES) - August 2014
音樂: Hey, Soul Sister - Train : (Single)



Intro: 16 counts

ROCK FORWARD-BACK RIGHT, SIDE STEP RIGHT, TOUCH LEFT, SIDE STEP LEFT, ROCK FORWARD-BACK RIGHT, SIDE STEP RIGHT, TOUCH LEFT, SIDE STEP LEFT

1&2& Rock right forward, recover to left, rock right back, recover to left
3&4 Step right side, touch left together, step left side
5&6& Rock right forward, recover to left, rock right back, recover to left
7&8 Step right side, touch left together, step left side

CROSS FORWARD RIGHT, STEP BACK LEFT, CHASSE SIDE RIGHT, ROCK FORWARD RIGHT, ROCK BACK RIGHT, SIDE STEP RIGHT, TOUCH LEFT, SIDE STEP LEFT

1-2 Cross right over, step left back
3&4 Chassé side right-left-right
5-6 Cross left over, step right back
7&8 Chassé side left-right-left

HEEL SWITCHES RIGHT-LEFT-RIGHT-LEFT, ¼ LEFT TURNING RIGHT STEP, TOUCH LEFT, STEP LEFT, TOUCH RIGHT, ¼ LEFT TURNING RIGHT STEP, TOUCH LEFT, STEP LEFT, TOUCH RIGHT

1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3&4& Touch right heel forward, step right together, touch left heel forward, step left beside right
5&6& Turn ¼ left and step right side, touch left together, step left side, touch right together (9:00)
7&8& Turn ¼ left and step right side, touch left together, step left side, touch right together (6:00)

STEP FORWARD RIGHT, TOE TOUCH LEFT, STEP BACK LEFT, CLOSE RIGHT, STEP FORWARD LEFT, TOE TOUCH RIGHT, STEP BACK RIGHT, CLOSE LEFT

1-2 Step right forward, touch left slightly back
3-4 Step left back, step right together
5-6 Step left forward, touch right slightly back
7-8 Step right back, step left together

REPEAT
