

My Uncle John

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Tina Chen Sue-Huei (TW) & Sally Hung (TW) - December 2014
音樂: Uncle John from Jamaica - Vengaboys



Sequence of dance: No Tag, No Restart

Start to dance 16 counts after heavy beats singing Na Na Na (approx. 21 sec.)

S1. HEEL, HEEL, SIDE, BEHIND, SIDE, CHARLESTON STEPS

1,2,3&4 Touch R heel fwd twice, step R to the R, cross step L behind R, step R to the R
5,6,7,8 Swing L around to touch fwd, step back on L, swing R back around, step R fwd

S2. HEEL, HEEL, SIDE, BEHIND, SIDE, CHARLESTON STEPS

1,2,3&4 Touch L heel fwd twice, step L to the L, cross step R behind L, step L to the L
5,6,7,8 Swing R around to touch fwd, step back on R, swing L back around, step L fwd

S3. FWD SHUFFLE X2, POINT, POINT, COASTER STEP

1&2,3&4 Shuffle fwd on RLR, shuffle fwd on LRL
5,6,7&8 Touch R toes fwd, touch R toes to R side, coaster step on RLR

S4. BACK SHUFFLE X2, POINT, POINT, L SAILOR STEP ¼ TURN LEFT

1&2,3&4 Shuffle back on LRL, shuffle back on RLR
5,6,7&8 Touch L toes fwd, touch L toes to L side, cross L behind R making ¼ turn L, step R beside L, step fwd on L

S5. SIDE TOGETHER, SIDE TOGETHER, ¼ TURN R FWD, ¼ TURN R SIDE TOGETHER, SIDE TOGETHER SIDE

1,2,3&4 Step R to the R, step L beside R, step R to the R, step L beside R, ¼ turn R stepping R fwd
5,6,7&8 ¼ turn R stepping L to the L, step R beside L, step L to the L, step R beside L, step L to the L

S6. SIDE MAMBO X2, FULL PADDLE TURN L

1&2,3&4 Rock step R to the R, recover on L, step R beside L, rock step L to the L, recover onto R, step L beside R
5,6,7,8 Turn ¼ L stepping R to R, turn ¼ L stepping R to R, turn ¼ L stepping R to R, turn ¼ L stepping R to R

Have Fun and Happy Dancing!

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