

Dolly Express

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Olga Tormo (ES) & Elisabet Castejón (ES) - May 2014
音樂: Heartbreak Express - Dolly Parton : (Album: The Ultimate Collection)



Intro: 16 counts

HEEL-TOE-HEEL TOUCH, HOOK, DIAGONAL STEP-LOCK-STEP FORWARD, CLAP

1-2 Touch right heel forward, touch right side
3-4 Touch right heel forward, hook right over
5-6 Step right diagonally forward, lock left behind
7-8 Step right diagonally forward, clap

HEEL-TOE-HEEL TOUCH, HOOK, DIAGONAL STEP-LOCK-STEP FORWARD, CLAP

1-2 Touch left heel forward, touch left side
3-4 Touch left heel forward, hook left behind
5-6 Step left diagonally forward, lock right behind
7-8 Step left diagonally forward, clap

GRAPEVINE RIGHT WITH ½ TURN RIGHT AND HOOK, LEFT TRAVELING SWIVELS, HANDS BRUSH

1-2 Step right side, cross left behind
3-4 Turn ¼ right and step right forward, turn ¼ right and hook left behind (6:00)
5-6 Step left together and swivel heels left, swivel toes left
7-8 Swivel heels left, hold (brush hands on legs)

GRAPEVINE RIGHT WITH ½ TURN RIGHT AND HOOK, LEFT TRAVELING SWIVELS, HANDS BRUSH

1-2 Step right side, cross left behind
3-4 Turn ¼ right and step right forward, turn ¼ right and hook left behind (12:00)
5-6 Step left together and swivel heels left, swivel toes left
7-8 Swivel heels left, hold (brush both hands on legs)

DIAGONAL OUT-OUT FORWARD, BACK TO THE CENTER, DIAGONAL OUT-OUT BACK, FORWARD TO THE CENTER

1-2 Step right diagonally forward, step left side
3-4 Step right home, step left together
5-6 Step right diagonally back, step left side
7-8 Step right home, step left together

FULL TURN RIGHT WITH HEEL TOUCHES

1-2 Turn ¼ right and touch right heel forward, step right together (3:00)
3-4 Turn ¼ right and touch left heel forward, step left together (6:00)
5-6 Turn ¼ right and touch right heel forward, step right together (9:00)
7-8 Turn ¼ right and touch left heel forward, step left together (12:00)

ROCKING CHAIR, STEP TURN ½ LEFT (TWICE)

1-2 Rock right forward, recover to left
3-4 Rock left back, recover to left
5-6 Step right forward, turn ½ left (weight to left) (6:00)
7-8 Step right forward, turn ½ left (weight on left) (12:00)

ROCKING CHAIR, TURN ¼ LEFT SIDE STEP, TOUCH TOGETHER, SIDE, TOUCH

1-2 Rock right forward, recover to left
3-4 Rock left back, recover to left

5-6 Turn ¼ left and step right side, touch left together (9:00)
7-8 Step left side, touch right together

REPEAT
