

# In The Chamber

拍數: 64      牆數: 4      級數: Phrased Novice  
編舞者: Evelyne Sterckendries (BEL) - November 2014  
音樂: The Chamber - Lenny Kravitz : (Album: Strut)



Type : Phrased, A-32 counts, B-32 counts, Non-Country  
Sequence : A-B-B-B-A\*-B-B-B-B-A-A-B-B-B-A-A-A

Introduction : 32 counts

## -A- 32 counts

### [1-8] Diagonal R Shuffle , Diagonal L Shuffle, L Vaudeville , R Vaudeville

1&2      1/8 turn R, RF diagonally forward, LF next to R, RF diagonally forward (01:30)  
3&4      1/4 turn L, LF diagonally forward, RF next to L, LF diagonally forward (10:30)  
5&6      Cross RF front LF, LF step L, R Heel on R diagonal  
&7&8      RF step R, Cross LF front RF, RF step R, L Heel on L diagonal

### [9-16] Shuffle ½ turn L, Shuffle ½ turn L, L Sailor step , R Heel grind , 1/4 Turn R, Step L together

1&2      ¼ turn L, LF step L, RF next to R, ¼ turn L, LF step forward (06:00)  
3&4      ¼ turn L, RF step R, LF next to R, ¼ turn L, RF backwards (12:00)  
5&6      LF cross behind RF, RF step R, LF step L  
7-8      R Heel grind forward, 1/4 turn R, LF step L (03:00)

### [17-24] Chassé R, Syncopated Weave R, Rock Side R Recover, Syncopated Weave L

1&2      RF step R, LF together, RF step R  
3&4      LF behind RF, RF step R, LF cross front RF  
5-6      RF side R, recover on LF  
7&8      RF behind LF, LF step L, RF cross front LF

### [25-32] Chassé L, Syncopated Weave L, Rock Side L Recover, Syncopated Weave R with ¼ turn R, cross L

1&2      LF step L, RF together, LF step L  
3&4      RF behind LF, LF step L, RF cross front LF  
5-6      LF side L, recover on RF  
7&8      LF behind RF, 1/4 turn R, RF step forward, LF cross front RF (06:00)

## -B- 32 counts

### [1-8] Chassé R, Rock Back L Recover, Chassé L, Rock Back R Recover

1&2      RF step R, LF together, RF step R (06:00)  
3-4      LF back, recover on RF  
5&6      LF step L, RF together, LF step L  
7-8      RF back, recover on LF

### [9-16] Kick ball step R x2, Step R, turn 1/4 L, Shuffle R forward

1&2      Kick RF diagonally forward, RF together, LF step forward  
3&4      Kick RF diagonally forward, RF together, LF step forward  
5-6      RF side step, 1/4 turn L, LF step forward (03:00)  
7&8      RF step forward, LF next to R, RF step forward

### [17-24] Rock L forward, Recover, Coaster step, Step turn ½ L, Shuffle R forward

1-2      LF step forward, recover on RF  
3&4      LF backwards, RF together, LF forward  
5-6      RF step forward, 1/2 turn L (09:00)  
7&8      RF step forward, LF next to R, RF step forward

**[25-32] Rock L forward, Recover, Sailor step L, Sailor step R, L Touch back , Turn ½ L on R feet.**

1-2                    LF step forward, recover on RF

3&4                   LF cross behind RF, RF step R, LF step L

5&6                   RF cross behind LF, LF step L, RF step R

7-8                   LF touch back, 1/2 turn L on RF, weight ends on LF (03:00)

**- A\* : Restart : On wall 5 (12:00) and after 16 counts of part A**

**- Bridge : At the end of wall 10 (06:00) : Spiral Turn R : 1-2-3-4 : Full Turn on R with weight on LF (ends RF in front of LF)**

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