Little Sister Listen To Me



編舞者: Amy Yang (TW) - December 2014 音樂: Little Sister Listen To Me – Jiuzhe Jin



Intro: 16 counts - Sequence of dance: AABB/AABB/ABBA

SECTION A (32counts)

Sec . A1: SIDE, TOGETHER, BACK SHUFFLE, SIDE, TOGETHER, FORWARD SHUFFLE

1 – 2, 3 &4 Step LF to L, Step RF together, Step LF back, Lock RF over LF, Step LF back

5 – 6, 7 &8 Step RF to R, Step LF together, Step RF forward, Step LF behind RF, Step RF forward

Sec . A2: WALK FORWARD, FORWARD SHUFFLE, FORWARD, RECOVER, COASTER

1 – 2, 3 &4 Step LF forward, Step RF forward, Step LF forward, Lock RF behind LF, Step LF forward 5 – 6, 7 &8 Step RF forward, Recover onto LF, Step RF back, Step LF together, Step RF forward

Sec . A3: ROCKING CHAIR, FORWARD, 1/4 TURN R, CROSS SHUFFLE

1 – 4 Step LF forward, Recover onto RF, Step LF back, Recover onto RF

5 – 6, 7 &8 Step LF forward, 1/4 turn R step on RF, Cross LF over RF, Step RF to R, Cross LF over RF(03:00)

Sec. A4: SIDE, RECOVER, BEHIND, SIDE. CROSS, SIDE, RECOVER, BACK, RECOVER

1 – 4 Step RF to R, Recover onto LF, Step RF behind LF, Step LF to L, Cross RF over LF

5 – 8 Step LF to L, Recover onto RF, Step LF back, Recover onto RF,

SECTION B (32counts)

Sec. B1: KICK TWICE, TRIPLE STEP(L&R)

1 – 2, 3 &4 Kick LF over RF, Kick LF forward L diagonal, Triple step in place stepping LF、RF、LF 5 – 6, 7 &8 Kick RF over LF, Kick RF forward R diagonal, Triple step in place stepping RF、LF、RF

Sec. B2: FORWARD, RECOVER, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

1 – 2, 3 &4 Step LF forward, Recover onto RF, Step LF back, Lock RF over LF, Step LF back

5 – 6, 7 &8 Step RF back, Recover onto LF, Step RF forward, Lock LF behind RF, Step RF forward

Sec. B3: WALK FORWARD, FORWARD SHUFFLE, FORWARD, 1/2 TURN L, FORWARD SHUFFLE

1 – 2, 3 &4 Step LF forward, Step RF forward, Step LF forward, Lock RF behind LF, Step LF forward 5 – 6, 7 &8 Step RF forward, 1/2 turn L step on LF, Step RF forward, Lock LF behind RF, Step RF forward (12:00)

Sec. B4: TOUCH, 1/2 TURN R FLICK, FORWARD SHUFFLE, TOUCH, 1/2 TURN L FLICK, FORWARD SHUFFLE,

1 – 2, 3 &4 Touch LF forward, On ball 1/2 turn R flick LF, Step LF forward, Lock RF behind LF, Step LF forward(06:00)

5 – 6, 7 &8 Touch RF forward, On ball 1/2 turn L flick RF, Step RF forward, Lock LF behind RF, Step RF forward(12:00)

Have Fun & Happy Dancing!

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Last Update – 22nd Dec 2014