

Reflections

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lori Manary (USA) - November 2013
音樂: Mirrors - Justin Timberlake : (iTunes)



Start with lyrics

Alternate Music – “Just Chillin,” by: Cole Swindell – omit restart when using this music

SIDE STEP R, DRAG L BEHIND, ROCK RECOVER, SIDE STEP L, ROCK RECOVER, R CROSS ROCK RECOVER, ¼ TURN JAZZ BOX R

1, 2 & Side Step R (1), Drag L back behind R, rocking back on L(2), Recover R (&
3 & 4 Side Step L (3) Side Rock back on R (&) Recover weight back on L (4)
5 & 6 Cross R in front of L (5) Rock back on L (&) Recover weight on R (6)
7 & 8 & Step back L, (7), Step R back next to L (&) Step L Forward making ¼ turn to R (8) Step R slightly in front of L(&) (3:00)

L STEP BACK, DRAG R BACK TO L, STEP L FORWARD, ¾ TURN R, L CROSS ROCK RECOVER, ¼ JAZZ BOX L

9, 10 & Step L back, drag R next to L (10) Step L slightly forward (&
11 & 12 Step R forward making ¼ turn R (11) Step L next to R making ¼ turn R (&), Step ¼ turn R w/R (12)
13 & 14 Cross L in front of R (13) Rock back on R (&) Recover weight back on L (14)
15 & 16 & Step back R, (15), Step L back next to R (&) Step R Forward making ¼ turn to L (16) Step L next to R (&) (9:00)

PIVOT ½ TURN L, POINT R TO SIDE, FULL TURN R, L FORWARD ROCK , RECOVER, HOME, R BACK ROCK, RECOVER, SIDE STEP RIGHT

17 & 18 Step R forward (17), ½ Pivot turn to L (&) Point R toe out to R side (18)
19 & 20 Step ¼ Turn R (19) Stepping with L make ½ turn to R (&) Stepping with R make ½ turn to R (20)
21 & 22 Rock forward on L (21) Recover weight on R (&) Step L back next to R (22)
23 & 24 & Rock back on R (23) Recover weight on L (&) Step R out to side (24) Shift weight back on to L (&) (6:00)

STEP FORWARD R, MAKE, ¼ SWEEP TURN R, JAZZ BOX, SHUFFLE STEP BACK LEFT L,R,L SHUFFLE STEP BACK RIGHT, R,L,R, SET FORWARD ON L

25, 26 & Step R forward (25) Sweep L ¼ turn R (26) Cross L slightly in front of R (&
27 & 28 Step R back (27) Step L next to R (&) Cross L slightly forward in front of L (28)
29 & 30 Shuffle step back at slight angle to L (L, R, L)
31 & 32 & Shuffle step back at slight angle to R (R, L, R) (31&32) Step L forward at slight angle L(&)□(9:00)

Restart: on the 4th wall; count 16, &, then Restart

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