

Shut Me Up

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jessica Carlson (USA) - December 2014
音樂: Shut Me Up - Lindsay Ell



Start 8 counts after the music starts with words

Toe Struts Forward

1,2,3,4 Touch R toe F (1), Step down on R heel (2), Touch L toe F (3), Step down on L heel (4)
5,6,7,8 Touch R toe F (5), Step down on R heel (6), Touch L toe F (7), Step down on L heel (8)

Forward Diagonal Step-Touch, Back Diagonal Step-Touch (x3)

1,2 Step RF Forward and R (towards 1:30) (1), Touch LF next to RF (2)
3,4 Step LF Back and L (towards 7:30, center) (3), Touch RF next to LF (4)
5,6 Step RF Back and R (towards 4:30) (5), Touch LF next to RF (6)
7,8 Step LF Back and L (towards 7:30) (7), Touch RF next to LF (8)

Vine Right, Vine Left

1,2,3,4 Step RF to R (1), Step LF behind RF (2), Step RF to R (3), Touch LF next to RF (4)
5,6,7,8 Step LF to L (5), Step RF behind LF (6), Step LF to L (7), Touch RF next to LF (8) [dance ends here facing starting wall]

Step Touch, Step Kick, Step behind, Step L with ¼ Turn, Walk, Walk

1,2,3,4 Step RF to R (1), Touch LF next to RF (2), Step LF to L (3), Kick RF out to Diagonal F (approx 2:00) (4)
5,6,7,8 Step RF behind LF (5), Step LF to L while making ¼ turn over L shoulder (6) (9:00), Step RF Forward (7), Step LF Forward (8) **

**Tag - Walk ¾ circle over R shoulder (done after 2nd rotation of dance)

1,2 Step RF to R while making 1/4 Turn over R shoulder (1), Step LF forward while making 1/4 Turn over R shoulder (2)
3,4 Step RF to R while making 1/4 Turn over R shoulder (3), Step LF next to RF [should be facing original 3:00 wall] (4)

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