

Better Days

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lorna Mursell (UK) - December 2014
音樂: In Better Days - Neil Diamond : (Album: Melody Road)



Start On Lyrics "How Do I"

HAPPY BIRTHDAY MUM! This Dance Was Written Especially For My Mum For Her Special Birthday.

SEC 1) TOE STRUT, CROSS TOE STRUT, GRAPEVINE, TOUCH

1-2 Step right toe diagonally right, drop right heel down
3-4 Step left toe diagonally right crossing left toe over right toe, drop left heel down
5-6 Step right to right side, step left behind right
7-8 Step right to right side, touch left beside right

SEC 2) SIDE TOUCH, SIDE, TOGETHER, 1/4 TURN, BRUSH

1-2 Step left to left side, touch right beside left
3-4 Step right to right side, touch left left beside right
5-6 Step left to left side, step right beside left
7-8 Step left 1/4 turn left, brush right beside left

SEC 3) ROCKING CHAIR, STEP, 1/2 TURN, STEP, HOLD

1-2 Rock forward on right, recover on to left
3-4 Rock back on right, recover on to left
5-6 Step forward on right, pivot 1/2 turn left
7-8 Step forward on right, hold

SEC 4) ROCKING CHAIR, SCISSOR STEP, HOLD

1-2 Rock forward on left, recover on to right
3-4 Rock back on left, recover on to right
5-6 Step left to left side, step right beside left
7-8 Cross left over right, hold
