

# Hug

拍數: 48      牆數: 4      級數: Intermediate waltz  
編舞者: Yvonne van Baalen (NL) - December 2014  
音樂: Hug - Nathan Carter



## #24 counts intro

### [1 – 6] L. CROSS, R. SWEEP, R. CROSS, L. SWEEP

1- 3      Cross left over right – Sweep right in front of left in 2 counts  
4- 6      Cross right over left – Sweep left in front of right in 2 counts

### [7 – 12] L. TWINKLE ¼ TURN LEFT, R. COASTER STEP

1- 3      Cross left over right – Turn ¼ left step right back – Step left back  
4- 6      Step right back – Step left beside right – Step right forward (9.00)

### [13- 18] L. STEP FORWARD, R. POINT RIGHT, HOLD, R. STEP BACK, L. POINT LEFT, HOLD

1- 3      Step left forward – Point right to right side – Hold  
4- 6      Step right back – Point left to left side - Hold

### [19 – 24] L. TWINKLE ¼ TURN LEFT, R. COASTER STEP

1- 3      Cross left over right – Turn ¼ left step right back – Step left back  
4- 6      Step right back – Step left beside right – Step right forward (9.00)

### [25 – 30] L. STEP FORWARD, ½ LEFT, L. STEP BACK, R. STEP BACK, ½ LEFT, R. STEP FORWARD

1- 3      Step left forward – ½ turn left – Step left back ( option: step forward on L-R-L)  
4- 6      Step right back – ½ turn left – Step right forward ( option: step forward on R-L-R (6.00)

### [31- 36] L. STEP FORWARD, R. KICK, HOLD, R. STEP BACK, L. CROSS TOUCH , HOLD

1- 3      Step left forward – Kick right forward – Hold  
4- 6      Step right back – Cross touch left over right - Hold

### [37 – 42] STEP FORWARD L., R., ¼ TURN left SIDE ROCK, CROSS, 2X ¼ TURN RIGHT

1- 3      Step left forward – Rock step forward with ¼ turn left weight on left (3.00)  
4- 6      Cross right over left – ¼ turn right x 2 (9.00)

### [43- 48] L. CROSS ROCK, SIDE, R. CROSS –ROCK- SIDE

1- 3      Cross left over right – Right recover – Left side step  
4- 6      Cross right over left – Left recover – Right side step

### TAG: end of wall 4 (12.00 wall)

### L. CROSS STEP, 2X ¼ TURN LEFT, R. CROSS-ROCK-SIDE

1- 3      Cross left over right – ¼ turn left x 2  
4- 6      Cross right over left – Left recover – Right side step (6.00)

### RESTART: wall 9 (6.00 wall)

Dance the first 24 counts than restart the dance again (12.00)

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