# Heartstrings

**拍數:** 60 **牆數:** 2 **級數:** Improver / Intermediate waltz

**編舞者:** Tony Myers (UK) - December 2014

**音樂:** Heartstrings - Alison Krauss & Union Station : (Album: Every Time I Say Goodbye)

**#24 Count intro on vocals**

**Cross, Point, Hold: Right Twinkle**

1 2 3 Cross left over right (1) Point right to side (2) Hold (3)

4 5 6 Step right behind left (4) Step left with right (5) Step right to side (6)

**Left Twinkle: Cross, Point, Hold**

1 2 3 Step left behind right (1) Step right with left (2) Step left to side (3)

4 5 6 Cross right over left (4) Point left to side (5) Hold (6)

**Behind, Turn, Step: Rock, Recover, Back**

1 2 3 Step left behind right (1) Turn ¼ right step forward on right (2) Step forward on left (3) (3:00)

4 5 6 Rock forward on right (4) Recover on left (5) Step back on right (6)

**Sailor Turn: Step, Turn, Cross**

1 2 3 Step left behind right (1) Turn ¼ left step back on right (2) Turn ¼ left step left to side (3) (9:00)

4 5 6 Step forward on right (4) Pivot ¼ left (5) Cross right over left (6) (6:00)

**Side, Cross, Turn: Full Turn**

1 2 3 Step left to side (1) Cross right over left (2) Turn ¼ right step back on left (3) (9:00)

4 5 6 Turn ¼ right step forward on right (4) Turn ½ right step back on left (5) Turn ¼ right step right to side (6) (9:00) (E.O. Chasse right)

**Side, Together, Forward: Side, Together, Back**

1 2 3 Step left to side (1) Step right with left (2) Step forward on left (3)

4 5 6 Step right to side (4) Step left with right (5) Step back on right (6)

**Back, Turn, Step: Coaster Cross**

1 2 3 Step back on left (1) Turn ½ right step forward on right (2) Step forward on left (3) (3:00)

4 5 6 Step back on right (4) Step left next to right (5) Cross right over left (6)

**Sway, Left, Right, Left: Cross, Turn, Side**

1 2 3 Step left to side sway left (1) Sway right (2) Sway left (3)

4 5 6 Cross right over left (4) Turn ¼ right step back on left (5) Step right to side (6) (6:00)

**Cross Shuffle: Step, Turn, Step**

1 2 3 Cross left over right (1) Step right to side (2) Cross left over right (3)

4 5 6 Stepforward onright (4) Pivot ½ turn left (5) Step forward onright (6) (12:00)

**¼ Waltz Forward: ¼ Waltz Back1**

1 2 3 Turn ¼ left step forward on left (1) Step right with left (2) Step left with right (3) (9:00)

4 5 6 Turn ¼ left step back on right (4) Step left with right (5) Step right with left (6) (6:00)

**Smile**

**Music available from iTunes.**

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