

Heartstrings

COPPERKNOB
BY STEPHEN HETS

拍數: 60 牆數: 2 級數: Improver / Intermediate waltz
編舞者: Tony Myers (UK) - December 2014
音樂: Heartstrings - Alison Krauss & Union Station : (Album: Every Time I Say
Goodbye)



#24 Count intro on vocals

Cross, Point, Hold: Right Twinkle

1 2 3 Cross left over right (1) Point right to side (2) Hold (3)
4 5 6 Step right behind left (4) Step left with right (5) Step right to side (6)

Left Twinkle: Cross, Point, Hold

1 2 3 Step left behind right (1) Step right with left (2) Step left to side (3)
4 5 6 Cross right over left (4) Point left to side (5) Hold (6)

Behind, Turn, Step: Rock, Recover, Back

1 2 3 Step left behind right (1) Turn $\frac{1}{4}$ right step forward on right (2) Step forward on left (3) (3:00)
4 5 6 Rock forward on right (4) Recover on left (5) Step back on right (6)

Sailor Turn: Step, Turn, Cross

1 2 3 Step left behind right (1) Turn $\frac{1}{4}$ left step back on right (2) Turn $\frac{1}{4}$ left step left to side (3)
(9:00)
4 5 6 Step forward on right (4) Pivot $\frac{1}{4}$ left (5) Cross right over left (6) (6:00)

Side, Cross, Turn: Full Turn

1 2 3 Step left to side (1) Cross right over left (2) Turn $\frac{1}{4}$ right step back on left (3) (9:00)
4 5 6 Turn $\frac{1}{4}$ right step forward on right (4) Turn $\frac{1}{2}$ right step back on left (5) Turn $\frac{1}{4}$ right step right
to side (6) (9:00) (E.O. Chasse right)

Side, Together, Forward: Side, Together, Back

1 2 3 Step left to side (1) Step right with left (2) Step forward on left (3)
4 5 6 Step right to side (4) Step left with right (5) Step back on right (6)

Back, Turn, Step: Coaster Cross

1 2 3 Step back on left (1) Turn $\frac{1}{2}$ right step forward on right (2) Step forward on left (3) (3:00)
4 5 6 Step back on right (4) Step left next to right (5) Cross right over left (6)

Sway, Left, Right, Left: Cross, Turn, Side

1 2 3 Step left to side sway left (1) Sway right (2) Sway left (3)
4 5 6 Cross right over left (4) Turn $\frac{1}{4}$ right step back on left (5) Step right to side (6) (6:00)

Cross Shuffle: Step, Turn, Step

1 2 3 Cross left over right (1) Step right to side (2) Cross left over right (3)
4 5 6 Step forward on right (4) Pivot $\frac{1}{2}$ turn left (5) Step forward on right (6) (12:00)

$\frac{1}{4}$ Waltz Forward: $\frac{1}{4}$ Waltz Back1

1 2 3 Turn $\frac{1}{4}$ left step forward on left (1) Step right with left (2) Step left with right (3) (9:00)
4 5 6 Turn $\frac{1}{4}$ left step back on right (4) Step left with right (5) Step right with left (6) (6:00)

Smile

Music available from iTunes.

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